

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Activities in Bold denotes special programs such as: live music, religious services, & Watermark University classes.	Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting therapy dog: Karma	As the warmer weather approaches, we will make every effort to hold activities outdoors as often as possible.	9:45- Balance Exercise 10:30- Bingo 1:30 - WU: Walking Club 2:30 - Afternoon Stretch 3:00- Horse Racing/ Derby 4:00- Spring Ambiance & Music 6:00- Jigsaw Puzzles & Board Games	9:45- Cardio Exercise 10:30 - WU: Health Talk 1:30 - Derek Bridges Entertains 2:30- Afternoon Stretch 3:00- Relaxation/Meditation 4:00- Music Hour: Aretha Franklin 6:00 - Comedy Club: "The Odd Couple"	9:45- Strength Exercise 10:30- WU: Walking Club 1:30- Mass with Father Wayne 2:30- Afternoon Stretch 3:00 - Artistic Expression 4:00- Music & Reminisce 6:00- Game Night: Dominoes/ Card Games	9:45- Flexibility Exercise 10:30- Bingo 1:30-Movie Matinee: "Queen Bees" 2:30- Afternoon Stretch 3:00- Positive Reflections 4:00- Reminisce: 6:00- Manicures & Music
10:00- Mass on TV CH. 9 11:00- Cardio Exercise 1:30- Reminisce & Reflect 2:30- Afternoon Stretch 3:00- Artistic Expression 4:00- Music Hour: Buddy Holly 6:00- Group Trivia	9:45- Resistance Exercise 10:30- WU: Walking Club 11:00 - Coffee Social 11:20 - WU: Daily Chronicle 2:00- Chaplet of Divine Mercy 3:00- Happy Hour/Armchair Travel in Activity Room 4:00- Music Hour: Roy Orbison 6:00- Volleyball	9:45- Yoga Exercise 10:30- WU: Baking Club 1:30- WU: Milky Way Day 2:30- Afternoon Stretch 3:00- WU: Timely Topics 4:00- Peaceful Reflections 6:00- Game Night: Table Top Bowling	9:45- Balance Exercise 10:30- Discovery Series "Hearing Loss" 11:30 - Fast Food Lunch - Pizza 1:30 - Swifferboard 2:30 - Afternoon Stretch 3:00- WU: Personal Growth & Self-Reflection with Charlotte 4:00- Spring Ambiance & Music 6:00- Jigsaw Puzzles & Games	9:45- Cardio Exercise 10:30 - WU: Scrumptious Delights with Sherry 1:30 - Irving Lewis Entertains 3:00- Afternoon Stretch 4:00- Music Hour: Whitney Houston 6:00 - Comedy Club: Seinfeld	9:45- Strength Exercise 10:30- WU: Walking Club 1:30- WU: History & Myth: Pueblo Indians 2:30- Afternoon Stretch 2:45- Karma the Dog Visits 3:00 - Artistic Expression 4:00- Music & Reminisce 6:00- Game Night: Dominoes	9:45- Flexibility Exercise 10:30- Bingo 1:30-Movie Matinee: "Poms" 2:30- Afternoon Stretch 3:00- Positive Reflections 4:00- Reminisce: 6:00- Manicures & Music
Mother's Day 10:00- Mass on TV CH. 9 11:00- Cardio Exercise 12:00- Mother's Day Luncheon 1:30- Reminisce & Reflect 2:30- Afternoon Stretch 3:00- Artistic Expression 4:00- Music Hour: Barbra Streisand 6:00- Group Trivia	9:45- Resistance Exercise 10:30- WU: Walking Club 11:00 - Coffee Social 11:20 - WU: Daily Chronicle 2:00- Chaplet of Divine Mercy 3:00- Happy Hour/May Trivia in Activity Room 4:00- Music Hour: The Rolling Stones 6:00- Volleyball	9:45- Yoga Exercise 10:30- Dunkin Donuts 1:30- Bowling 2:30- Afternoon Stretch 3:00- WU: Timely Topics 4:00- Peaceful Reflections 6:00- Game Night: Table Top Bowling	9:45- Balance Exercise 10:30- WU: The Wild Side 1:30 - Pitch & Putt Golf 2:30 - Afternoon Stretch 3:00- WU: Jenn & Rossana 4:00- Spring Ambiance & Music 6:00- Jigsaw Puzzles & Board Games	10:00 - WU: Jeff the Plant Guy 11:00 - Word Games/Trivia 1:30 - Tony Fazio Entertains 3:00- Afternoon Stretch 4:00- Music Hour: The Supremes 6:00 - Comedy Club: "Johnny Carson"	9:45- Strength Exercise 10:30- WU: Walking Club 1:30- Disco Dance Party in Lobby 2:30- Afternoon Stretch 2:45- Karma the Dog Visits 3:00 - Artistic Expression 4:00- Music & Reminisce 6:00- Game Night: Dominoes/Card Games	9:45- Flexibility Exercise 10:30- Bingo 1:30-Movie Matinee: "The Miracle Club" 2:30- Afternoon Stretch 3:00- Positive Reflections 4:00- Reminisce: 6:00- Manicures & Music
10:00- Mass on TV CH. 9 11:00- Cardio Exercise 1:00- Piano Entertainment 2:00- Grace Church Service 2:30- Afternoon Stretch 3:00- Artistic Expression 4:00- Music Hour: Bobby Vinton 6:00- Group Trivia	9:45- Resistance Exercise 10:30- WU: Walking Club 11:00 - Coffee Social 11:20 - WU: Daily Chronicle 2:00- Chaplet of Divine Mercy 3:00- Happy Hour/Music Across the Decades in Activity Room 4:00- Music Hour: The Everly Brothers 6:00- Volleyball	9:45- Yoga Exercise 10:30- WU: Baking Club 11:30 - Lunch Trip 1:30- WU: Engage VR/ Trivia 2:30- Afternoon Stretch 3:00- WU: National Parks with Patti 4:00- Peaceful Reflections 6:00- Game Night: Table Top Bowling	9:45- Balance Exercise 10:30- Volleyball 1:30 - WU: Walking Club 2:30 - Afternoon Stretch 3:00- WU: Timely Topics 4:00- Spring Ambiance & Music 6:00- Jigsaw Puzzles & Board Games	9:45- Cardio Exercise 10:30 - Wheel of Fortune Game 1:30 - Ethan Stone Performs for Birthday Party 3:00- Afternoon Stretch 4:00- Music Hour: Gladys Knight & the Pips 6:00 - Comedy Club: "Lucy"	9:45- Strength Exercise 10:30- WU: Walking Club 1:30- International Tiara Day 2:30- Afternoon Stretch 2:45- Karma the Dog Visits 3:00 - Artistic Expression 4:00- Music & Reminisce 6:00- Game Night: Dominoes/Card Games	9:45- Flexibility Exercise 10:30- Bingo 1:30-Movie Matinee: "Call Me Kate" 2:30- Afternoon Stretch 3:00- Positive Reflections 4:00- Reminisce: 6:00- Manicures & Music
10:00- Mass on TV CH. 9 11:00- Cardio Exercise 1:30- Reminisce & Reflect 2:30- Afternoon Stretch 3:00- Artistic Expression 4:00- Music Hour: Elton John 6:00- Group Trivia	Memorial Day 9:45- Exercise - YouTube 10:30- WU: Walking Club 11:00 - WU: Daily Chronicle 2:00- Movie: "Apollo 13" 3:00- Artistic Expression 4:00- Music Hour: Patriotic 6:00- Volleyball	9:45- Yoga Exercise 10:30- WU: Baking Club 1:30- Ben Buck Performs 2:30- Afternoon Stretch 3:00- Memorial Day Program 4:00- Peaceful Reflections 6:00- Game Night: Table Top Bowling	9:45- Balance Exercise 10:30- Bingo 1:30 - Ladder Golf 2:30 - Afternoon Stretch 2:45 - Ice Cream Social 4:00- Spring Ambiance & Music 6:00- Jigsaw Puzzles & Board Games	9:45- Cardio Exercise 10:30 - Garden Club in Courtyard 1:30 - WU: Walking Club 2:30- Afternoon Stretch 3:00- Relaxation/Meditation 4:00- Music Hour: The Drifters 6:00 - Comedy Club:	9:45- Strength Exercise 10:30- WU: Walking Club 1:30- Axe Throwing 2:30- Afternoon Stretch 2:45- Karma the Dog Visits 3:00 - WU: Timely Topics 4:00- Music & Reminisce 6:00- Game Night: Dominoes/Card Games	Transportation for Medical Appointments Appointments can be made on Tuesdays & Thursdays through the receptionist. For Memory Care, a family member must accompany the resident.

MAY 2024
Our Place

ACTIVITY LOCATOR KEY

Happy Birthday!
6th Bobby Wojnilowicz
11th Irene Van Deren
13th JoAnn Seagrave
13th Mena Holmes
15th Pat Gallagher
26th Mildred Baeder
31st Maryanne Connery

Dates to Remember
5/2 Derek Bridges Entertains
5/9 Irving Lewis Entertains
5/16 Jeff the Plant Guy:
Horticulture Class
5/16 Tony Fazio Entertains

Remember
5/19 Piano Entertainment
5/23 Ethan Stone Performs for
Birthday Party
5/28 Ben Buck Entertains
5/29 Ice Cream Social



*Activities Subject to Change