

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>OLDER AMERICAN MONTH</p> <p>FAMILY REUNION MONTH</p> <p>NATIONAL SMILE MONTH</p> <p>MILITARY APPRECIATION MONTH</p>	<p>Monthly Catholic Communion with Sister Maureen</p> <p>See Weekly Activities Calendar for Date and Time (The Inn, Gardens, and Springs)</p>	<p>Monthly Shabbat with Rabbi Paris</p> <p>See Weekly Activities Calendar for Date and Time</p>	<p>MAY DAY</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>May Day Poetry w/Nayas-G</p> <p>Late Morning Snacks w/Nayas-G</p> <p>Daily Chronicle w/Nayas-G</p> <p>Balloon Toss w/Nayas-G</p> <p>3:30 Bonkers for Bingo w/MJ-G</p> <p>Sittercise w/Nayas-G</p>	<p>WORLD PASSWORD DAY</p> <p>10:00 Lets Get Fit w/VH-G</p> <p>10:30 Password Game w/VH-G</p> <p>Joggin Your Nogin w/Nayas-G</p> <p>Puzzles w/Nayas-G</p> <p>2:30 <i>Singer Billy Genuario - G</i></p> <p>Music For The Soul w/Nayas-G</p> <p>Table Bowling w/Nayas-G</p>	<p>BING DAY</p> <p>10:00 Bing Fitness w/VH-G</p> <p>I Spy w/Nayas-G</p> <p>Dont Break The Ice w/Nayas-G</p> <p>Word Chain w/Nayas-G</p> <p>MemoryMatchGame w/Nayas-G</p> <p>3:30 Name That Tune w/VH-G</p> <p>Classical Favorites w/Nayas-G</p>	<p>KENTUCKY DERBY DAY</p> <p>10:00 Light & Fit w/VH-G</p> <p>Game Show Fun w/Nayas-G</p> <p>Local News w/Nayas-G</p> <p>Music Fun w/ Nayas-G</p> <p>Hand Rubs w/Nayas-G</p> <p>3:30 <i>Armchair Travel: Mexico-G</i></p> <p>Western Movie w/Nayas-G</p>
<p>CINCO DE MAYO</p> <p>10:00 Sunday Fitness w/VH-G</p> <p>Music Sing A Long w/Nayas-G</p> <p>Building Blocks Fun w/Nayas-G</p> <p>Puzzles w/Nayas-G</p> <p>Bible Stories w/Nayas-G</p> <p>3:30 <i>Cinco De Mayo w/VH-G</i></p> <p>Cinco De Mayo Live Youtube w/Nayas-G</p>	<p>BUBBLES DAY</p> <p>10:30 <i>Singer MOJO - G</i></p> <p>Daily Chronicle w/Nayas-G</p> <p>Pictionary w/Nayas-G</p> <p>Soulful Music w/Nayas-G</p> <p>2:30 Blowing Bubbles-G</p> <p>Music Appreciation w/Marvel-G</p> <p>Seated Stretch w/Nayas-G</p>	<p>NATIONAL TEACHER'S DAY</p> <p>10:30 Tuesday Tune-Up -G</p> <p>11:00 All About May -G</p> <p>Stroll in the Garden w/Nayas-G</p> <p>Afternoon Fun Club w/LaDrina-G</p> <p>2:00 <i>Interactive Culinary Program: Yogurt & Fruit Parfaits - G</i></p> <p>3:30 Teacher's Day-G</p> <p>TCM Movie w/Nayas-G</p>	<p>V-E DAY</p> <p>10:30 Armchair Exercise -G</p> <p>What is V-E Day? w/Nayas-G</p> <p>Knock-Knock Jokes w/Nayas-G</p> <p>Snacks & Chat w/Nayas-G</p> <p>Hand Rubs & Music w/Nayas-G</p> <p>3:30 B-I-N-G-O w/MJ-G</p> <p>YouTube Concert w/Nayas-G</p>	<p>EUROPE DAY</p> <p>10:30 Wake-Me-Up Exercise-G</p> <p>11:15 <i>Out Trip for Lunch</i></p> <p>Card Sharks w/Nayas-G</p> <p>Mandala Art w/Nayas-G</p> <p>2:30 Left-Center-Right -G</p> <p>3:30 Historical Europe -G</p> <p>What Makes You Smile?</p> <p>YouTube Concert w/Nayas-G</p>	<p>FREDERICK AUSTERLITZ DAY</p> <p>10:30 Chair Dancing -G</p> <p>11:00 Fred Astaire Bio -G</p> <p>Bible Stories w/Nayas-G</p> <p>Dominoes w/Nayas-G</p> <p>2:30 <i>May Birthday Party -G</i></p> <p>3:30 Twister Toss Game -G</p> <p>Soothing Music vw/Nayas-G</p>	<p>'DOIN' WHAT COMES NATURALLY" DAY</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>Daily Chronicle w/Nayas-G</p> <p>UNO Stacko w/Nayas-G</p> <p>Bean Bag Toss w/Nayas-G</p> <p>Theme Bingo w/Nayas-G</p> <p>2:30 Variety of Fun w/Lisa-G</p> <p>Armchair Exercise w/Nayas-G</p>
<p>HAPPY MOTHER'S DAY!</p> <p>Morning Workout w/Nayas-G</p> <p>Jokes for Folks w/Nayas-G</p> <p>Reminiscing about Mother's Day-G</p> <p>Ring Toss w/Nayas-G</p> <p>Snacks & Music w/Nayas-G</p> <p>Card Sharks w/Nayas-G</p> <p>Bible Stories w/Nayas-G</p>	<p>ETIQUETTE WEEK BEGINS</p> <p>10:30 Fun Fitness w/VH-G</p> <p>All About Honey w/Nayas-G</p> <p>Table Bowling w/Nayas-G</p> <p>Checkers w/Nayas-G</p> <p>2:30 Wheel Of Fortune w/VH-G</p> <p>Music Appreciation w/Mavel-G</p> <p>Mini Basketball w/Nayas-G</p>	<p>THE STARS AND STRIPS FOREVER DAY</p> <p>10:00 Healthy Exercise w/VH-G</p> <p>10:30 <i>Pianist John Lamb - G</i></p> <p>Shapes & Patterns /Nayas-G</p> <p>Dont Break The Ice w/Nayas-G</p> <p>Fun Club w/LaDrina -G</p> <p>2:00 <i>Interactive Culinary Program: Banana Pudding</i></p> <p>Nail Care & Music w/Nayas-G</p>	<p>CHOCOLATE CHIP DAY</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>Word Pair w/Nayas-G</p> <p>Puzzles w/Nayas-G</p> <p>Music For The Soul w/Nayas-G</p> <p>Table Basketball w/Nayas-G</p> <p>3:30 Bingo w/VH-G</p> <p>Would You Rather w/Nayas-G</p>	<p>WEAR PURPLE FOR PEACE DAY</p> <p>10:00 Music & Fitness w/VH-G</p> <p>Rhyme & Poems w/Nayas-G</p> <p>Music Time w/ Nayas-G</p> <p>Ball Bounce w/Nayas -G</p> <p>Sensory Touch w/Nayas-G</p> <p>3:30 Music Who Is Who w/VH-G</p> <p>Evening TCM w/Nayas-G</p>	<p>FLOWER SUPERSTITIONS DAY</p> <p>10:00 Exercise Ball w/VH-G</p> <p>Kurplunk w/Nayas-G</p> <p>Snack Attack w/Nayas-G</p> <p>Charades Nayas -G</p> <p>2:30 Flower Superstition w/VH-G</p> <p>Music For The Soul w/Nayas-G</p>	<p>ARMED FORCES DAY</p> <p>10:00 <i>Music&Dance w/Jennifer-G</i></p> <p>11:00 <i>Human Science -G</i></p> <p>Daily Chronicle w/Nayas-G</p> <p>Outdoor Stroll w/Nayas-G</p> <p>3:30 Bowling Dice Game -G</p> <p>Mandala Art w/Nayas-G</p> <p>TCM Classic Movie w/Nayas-G</p>
<p>ALL BOTTLED UP DAY</p> <p>10:30 w/MJ-G</p> <p>Kerplunk! Game w/Nayas-G</p> <p>Chicken Soup for the Soul w/Nayas-G</p> <p>Fresh Air Walk w/Nayas-G</p> <p>Snack & Chat w/Nayas-G</p> <p>Race Car Derby -G</p> <p>YouTube Concert w/Nayas-G</p>	<p>BUDDY POPPY DAY</p> <p>10:30 Moovin' & Groovin' -G</p> <p>11:00 Buddy Poppy Day -G</p> <p>Outdoor Fun w/Nayas-G</p> <p>Opposites Attract w/Nayas-G</p> <p>2:30 Bowling Dice -G</p> <p>Music Appreciation w/Marvel-G w/Nayas-G</p>	<p>"TIPTOE THROUGH THE TULIPS" TUESDAY</p> <p>10:30 Fit & Feisty Fitness -G</p> <p>11:00 History of Tulips -G</p> <p>Stories for the Soul w/Nayas-G</p> <p>Afternoon Fun Club w/LaDrina-G</p> <p>2:00 <i>Interactive Culinary Program: Let's Make Cookies -G</i></p> <p>3:30 Useless Trivia -G</p> <p>Nail Care & Music w/Nayas-G</p>	<p>VANILLA PUDDING DAY</p> <p>10:00 Bend & Stretch w/VH-G</p> <p>Historical March w/Nayas-G</p> <p>Mandala Art w/Nayas-G</p> <p>Tic Tac Toe w/Nayas-G</p> <p>3:30 Bingo w/VH-G</p> <p>All About 50's Music w/Nayas-G</p> <p>I Spy Game w/Nayas-G</p>	<p>FLOWER MOON DAY</p> <p>10:30 Young at Heart Fitness-G</p> <p>11:00 Moon Folklore -G</p> <p>Checkers w/Nayas-G</p> <p>Mandala Art w/Nayas-G</p> <p>2:30 ABC's of Flowers -G</p> <p>3:30 <i>Singer Jennifer DiSapio - G</i></p> <p>Card Sharks w/Nayas-G</p>	<p>INTERNATIONAL TIARA DAY</p> <p>10:30 Rise & Shine -G</p> <p>11:00 Daily Chronicle -G</p> <p>Stroll Outside w/Nayas-G</p> <p>4 in a Row w/Nayas-G</p> <p>2:30 <i>Ice Cream Social -G</i></p> <p>3:30 Tiara Day History w/MJ-G</p> <p>Kerplunk! Game w/Nayas-G</p>	<p>NATIONAL TAP DANCE DAY</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>Fill in the Blanks w/Nayas-G</p> <p>Checkers w/Nayas-G</p> <p>Refreshments & Music w/Nayas-G</p> <p>Horseshoes w/Nayas-G</p> <p>3:30 Family Feud w/Joey-G</p> <p>Sittercise w/Nayas-G</p>
<p>INDIANAPOLIS 500</p> <p>10:30 Exercise&Trivia w/Joey-G</p> <p>Bible Stories w/Nayas-G</p> <p>Qwirkle Game w/Nayas-G</p> <p>Daily Chronicle w/Nayas-G</p> <p>Word Pairs w/Nayas-G</p> <p>3:30 Wheel of Fortune w/Joey-G</p> <p>Local News Report w/Nayas-G</p>	<p>MEMORIAL DAY</p> <p>Morning Exercise w/Nayas-G</p> <p>Daily Devotional w/Nayas-G</p> <p>Remember when...? w/Nayas-G</p> <p>Enjoy the Outdoors w/Nayas-G</p> <p>Theme Bingo w/Nayas-G</p> <p>Music Appreciation w/Marvel-G</p> <p>Patriotic Movie w/Nayas-G</p>	<p>NATIONAL HAMBURGER DAY</p> <p>10:30 Jokes & fitness w/VH-G</p> <p>April Fools Facts w/Nayas-G</p> <p>Table Bowling w/ Nayas-G</p> <p>Checkers w/Nayas-G</p> <p>2:30 <i>Singer Lynn Lewis - G</i></p> <p>Music Appreciation w/Marvel-G</p> <p>Mini Basketball w/Nayas-G</p>	<p>NATIONAL SENIOR HEALTH AND FITNESS DAY</p> <p>Silly Words w/Nayas-G</p> <p>Jigsaw Puzzles w/Nayas-G</p> <p>Ring Toss w/Nayas-G</p> <p>Kurplunk w/Nayas-G</p> <p>Snack Attack w/Nayas-G</p> <p>All About Health w/Nayas-G</p> <p>Fitness Fun w/Nayas-G</p>	<p>LINCOLN MEMORIAL DAY</p> <p>10:30 Rise And w/VH-G</p> <p>Building Block Game w/Nayas-G</p> <p>Shapes And Colors w/Nayas-G</p> <p>Ring Shoe Toss w/Nayas-G</p> <p>2:30 Manicures & Music w/VH-G</p> <p>Music Fun w/Nayas-G</p> <p>Evening News Blooper w/Nayas-G</p>	<p>SAVE YOUR HEARING DAY</p> <p>10:00 Balloon Toss Fitness w/VH-G</p> <p>I Spy w/Nayas-G</p> <p>Word Chain w/Nayas-G</p> <p>2:00 <i>Interactive Culinary Program: Coconut Truffle w/VH-G</i></p> <p>3:00 Name That Tune w/VH-G</p> <p>Classical Music w/Nayas-G</p>	

MAY 2024

Gardens

 THE WATERMARK
AT 3030 PARK

ACTIVITY LOCATOR KEY

AG - Art Gallery
AS - Art Studio
A - Auditorium
G - Gardens
TC - Town Center

CG's - Caregivers
CL - Community Life
IL - Inn Lounge
MJ - Mary Jo
S - Springs
VH - Victoria
SC - Springs Conference Rm
DR - Dining Room

Pet Therapy Visits with Paisley the Dog

See Weekly Activities Calendar for Days and Times

"O, the month of May,
the merry month of May.
So frolic, so gay,
and so green,
so green, so green!"

~Thomas Dekker