

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25			AM News and Views 10:00 Volleyball-AL Cocoa & Chat PM Bowling Music Appreciation- The Beatles 7:00 Sunday School-AL	AM News and Views Dancercise with Alexis Trivia PM 2:15 Scenic Fall Drive Wild Walkers What I Love...	AM News and Views Badminton with Alexis Fun Fact Friday PM 2:30 Karaoke & Happy Hour-AL Wild Walkers Hand Massages	AM Gardening 10:15 Weights with Alysia Brain Breaks PM Card Games Name That Animal Movie Night
10:00 Church Service-AL News and Views Daily Exercise Coffee and Reminiscing Music Appreciation Evening Movie	AM Cocoa & Chat Tai Chi Exercise Manicures PM Coloring 2:30 Christian Bible Study with Ron Wild Walkers Halloween Movie Night	AM Cocoa & Chat Stretches with Alexis News and Views PM Jokes & Cokes Wild Walkers	AM Cocoa & Chat 10:00 Volleyball-AL Brain Breaks PM 2:00 Live Music-AL Wild Walkers 7:00 Relief Society & Priesthood-AL	AM 9:30 Scenic Drive News and Views Move & Groove with Alexis Trivia PM Wild Walkers What I Love... 6:30 Live Music-AL	AM News and Views Badminton with Alysia Fun Fact Friday PM 2:00 Bowling-AL 3:30 Floats Social-AL Movie Night	AM Gardening 10:15 Resistance Bands with Alysia Brain Breaks PM Then and Now: Actors Hand Massages
10:00 Church Service-AL News and Views Daily Exercise Coffee and Reminiscing Music Appreciation Wild Walkers Evening Movie	AM Cocoa & Chat Tai Chi Exercise Manicures PM Coloring Journaling	AM Cocoa & Chat News and Views Stretches with Alexis PM Sensory Group Flower Arranging Wild Walkers	AM Cocoa & Chat 10:00 Volleyball-AL Brain Games PM Jokes & Cokes Reminiscing Hour: Halloween 7:00 Sunday School-AL	AM News and Views Dancercise with Alexis Card Games PM 2:15 Scenic Drive 2:30 Karaoke & Happy Hour-AL Time Slips	AM News and Views Badminton with Alysia Fun Fact Friday PM 2:00 Music with Wayne-AL Music Appreciation-Elvis	AM 10:15 Weights with Alysia Gardening Brain Breaks PM Game Group Wild Walkers Hand Massages
10:00 Church Service-AL News and Views Daily Exercise Coffee and Reminiscing Music Appreciation Wild Walkers Evening Movie	AM Cocoa & Chat Tai Chi Exercise Manicures PM 2:00 Live Music with Terry-AL 3:00 Birthday Social-AL Wild Walkers Halloween Movie Night	AM Cocoa & Chat News and Views Stretches with Alexis PM Did You Ever.... Wild Walkers	AM Cocoa & Chat 10:00 Volleyball-AL Brain Games PM Picture BINGO with Alysia Wild Walkers 7:00 Sunday School-AL	Happy Thanksgiving! AM Macy's Thanksgiving Day Parade on NBC What I'm Thankful For... PM Thanksgiving Coloring	AM News and Views Badminton with Alysia Fun Fact Friday PM	AM 10:15 Resistance Bands with Alysia Brain Breaks PM 2:30 Halloween Games-AL Word Games: Starts with F Then and Now: Actors
10:00 Church Service-AL News and Views Daily Exercise Coffee and Reminiscing Music Appreciation Wild Walkers Evening Movie	AM Cocoa & Chat Tai Chi Exercise Manicures PM Puzzle Time Hand Massages Halloween Movie Night	AM Cocoa & Chat News and Views Stretches with Alexis PM Flower Arranging Wild Walkers Halloween Movie Night	AM News and Views 10:00 Volleyball-AL Cocoa & Chat PM 2:00 Bowling-AL Reminiscing Hour: Halloween 7:00 Sunday School-AL	AM 9:30 Scenic Drive Cocoa & Chat Move & Groove with Alexis PM Name That Tune 2:30 Karaoke & Happy Hour-AL Hand Massages		Purple activities will be done by activity staff in Memory Care Bold activities with AL will be in the Assisted Living Dining Room
		<h1>NOVEMBER 2023</h1> <p>The Garden</p>		ACTIVITY LOCATOR KEY AL - Assisted Living Dining Room		