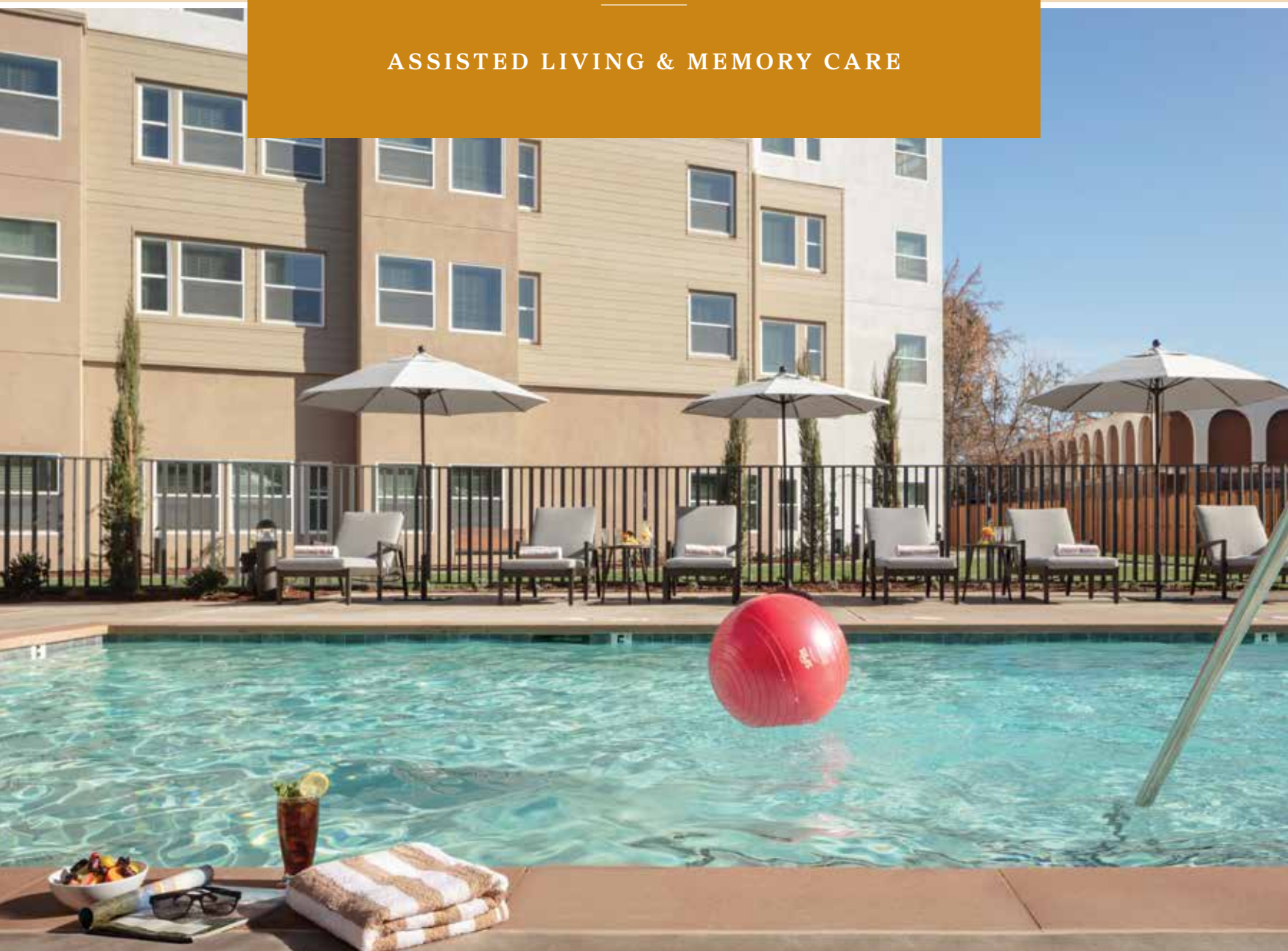




THE WATERMARK
AT ALMADEN

experience extraordinary
SENIOR LIVING

ASSISTED LIVING & MEMORY CARE





senior living REDEFINED

Upscale resort-style senior living
comes to life in San Jose.

Imagine living in a place where people know your name – and more. It's where peers understand you, new friends embrace you, and an entire community supports your interests and needs. At The Watermark at Almaden, you'll find more than a stylish, luxurious residence to call your own. Living in the southern Bay Area means you're close to everything you want or need whether it's dinner at a local bistro, an afternoon of shopping at Almaden Ranch, a morning stroll to the farmers market, or a hike on the Guadalupe River Trail. Reimagined Assisted Living and Memory Care are designed with you in mind to bring you a fulfilling lifestyle of joy, learning, and discovery.

Watermark Retirement Communities® has been reimagining the concept of senior living for more than 30 years, maintaining its passion and commitment to creating extraordinary and innovative communities where people thrive. The Watermark at Almaden is a true manifestation of that commitment.

Watermark communities nationwide are known for a curated culture with hospitality-trained, caring associates and a lifestyle built on innovation.

amenities and AMBIENCE

Sophisticated yet relaxed,
refined yet inviting – our stylish
community offers gorgeous suites
and balanced, personalized care.

At The Watermark at Almaden, every
detail is designed to enhance your sense
of well-being and purpose. Our community
offers chef-prepared cuisine, beautiful
surroundings, and plush social spaces.
Within minutes of your new home, enjoy
lush natural surroundings, indulge in
first-class shopping, and fill yourself with
one-of-a-kind cultural experiences.

Discover hobbies that spark curiosity
and fill you with the rich satisfaction of
living well at The Watermark at Almaden,
the heart of extraordinary living.



We make it easy to
pursue your passions.

The good life is exactly what you'll
find at The Watermark at Almaden.
Thoughtful support that's considerate
of your individual needs is available
every step of the way, so you may
do all the things you love without
worry. Whether it's housekeeping, in-
residence dining, or transportation to
appointments, leave all the details to us.

An exceptional community where
residents can truly thrive, The
Watermark at Almaden is the perfect
blend of comfort and connection.

Special places and shared spaces.

Bistro and café
Elegant dining room
Library
Salon and spa
Art studio

Hot tub
Outdoor pool
Golf simulator
Fitness center
Private dining room

Theater
Yoga studio
Outdoor kitchen
and fireplace



CULINARY *experiences to savor*

Tasteful pursuits that nourish the body while filling the heart.

The Watermark's array of tempting culinary options presents a variety of choices and dining experiences – from fine dining to light bistro fare, our cuisine is as varied as the people who enjoy it. At The Watermark at Almaden, you'll find exquisite culinary journeys in our signature dining venues.

Dine in a beautiful and welcoming restaurant-style setting and let our chef delight and amaze your senses with delicious, fresh ingredients that will nourish your body, mind, and spirit.

Enjoy full-service, elevated dishes at our on-site restaurant, **Vestal's**. For something more casual, head to our bistro and café, **The Willows**. Coffee, tea, and conversation all flow freely at this social hub, making it the perfect spot for a hearty lunch or light bite.

For individuals living with cognitive, neuromuscular, or physical challenges, our signature Gourmet Bites Cuisine ensures accessibility, dignity, and independence at the table. Using only fresh, high-quality ingredients, our expert chefs create delicious, bite-sized morsels intended to be eaten by hand.

In-residence dining and private community spaces are available to gather for special occasions with friends and family.

vibrance and
VITALITY

The path to wellness takes many forms – some unexpected.



Watermark University features dozens of enriching activities and programs on topics ranging from art workshops to culinary courses, mindful meditation, and more. Residents and associates are encouraged to become instructors themselves.



True wellness integrates mind, body, and spirit. A variety of vibrant enrichment programs are designed to promote physical and mental health, alike. It begins with our warm and welcoming setting designed for relaxation, revitalization, and everything in between: a fitness center with access to personal training, wellness services with visiting health specialists and clinicians, and outdoor activities that bring a connection with nature.



Mental and emotional well-being play key roles in the ability of any individual to thrive, and our holistic approach includes a variety of offerings that enrich the mind. From an award-winning **Watermark University** course to a fun excursion through our **Extraordinary Outings** program, residents have plenty of opportunities for growth. You can even take a trip to the stars with our groundbreaking **EngageVR® virtual reality program**.

Self-care is vital, too. The time is always right to treat yourself at our on-site spa and salon. Our signature menu of salon manicures, pedicures, haircuts, and color services are both relaxing and rejuvenating, helping everyone feel and look their best.

nurturing care INSPIRED LIVING

The perfect blend of independence, personalized support, and peace of mind for the entire family.



Assisted Living at The Watermark at Almaden offers spacious residences with modern touches, abundant opportunities for connection, and thoughtful care at every step. It's a place for wellness, discovery, and enjoyment – with personalized care from people who know you and understand you.

You'll have full access to our grand suite of amenities, including everything from exciting programs and adventurous outings to fitness classes and rejuvenating spa treatments. Discover new interests and reconnect with previous passions.



Our **Memory Care** neighborhood is an encouraging environment that focuses on infusing daily moments with fulfillment and joy. Life will feel comfortable, familiar, and like home – because it is. Expect daily life to include wonderful aromas from delicious meals, music, laughter, family members, fresh flowers, natural light, children, pets, and things to look forward to. Your days will be filled with favorite pastimes and creative offerings, as well as space and time for relaxed moments.

Watermark's groundbreaking **Prema Memory SupportSM** program begins with exceptional caregivers known as *Nayas*, which means "guide" in ancient Sanskrit. They're specially trained in the latest methods for supporting people with Alzheimer's disease and other forms of dementia (their training is recognized by the Alzheimer's Association).

Guided by the latest cognitive health science, this specialized, proficient training paired with an innate understanding of our unique approach allows for deeper connections and a more customized relationship within a nurturing environment. Spending their days side by side, Nayas guide residents in the rhythms of everyday life, from preparing meals together to singing along to music and enjoying the loving companionship of friends and family.

services and AMENITIES

Our full suite of services and amenities makes it easy to create a fulfilling lifestyle whether you seek leisure, luxury, or both. And our concierge service makes everything at The Watermark at Almaden, as well as in the surrounding region, incredibly easy to access.

Assisted Living

- Walk-in shower with safety grab bars
- Ample closet space
- Individual climate controls
- Comfortable and luminous residences with modern kitchen or kitchenette
- Weekly linen services
- Housekeeping services
- Underground parking available
- Resident call response system
- Complimentary, on-site washers and dryers
- Complete apartment maintenance
- Choice of spacious studio, one-bedroom, or two-bedroom residences
- Delicious snacks always available
- Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes
- Caring and trained associates available 24/7
- Extensive wellness programs



Memory Care

- Prema Memory SupportSM program featuring *Naya* caregivers
- Three nutritious, well-balanced family-style meals where family and friends are welcome
- Healthy snacks available 24/7
- Pantry Program for each resident's favorite foods and personal mementos
- Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes designed for individuals with memory care needs
- Structured and spontaneous programs specifically tailored to each individual
- Residential environment with family photographs, keepsakes, and personal histories

Live the life you want.
We'll manage the details.



short-term STAYS

When life happens, we've got you covered.

Get long-term therapeutic gains with a short-term stay. Enjoy comfort and tranquility while you're here – whether it's to heal, navigate a transition, or get additional support. It's an ideal opportunity when family caregivers are traveling or you want a little extra help and expert care while recovering from a hospital stay, illness, or surgery.

You can relax while taking advantage of all the potential here with new friends, enticing meals, elegant amenities, and abundant opportunities to engage and grow. Enjoy mindful pursuits at your own pace, at times of your own choosing.

Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com to learn more.



Watermark respects, honors, and celebrates diversity in all forms. As part of this commitment, we partner with SAGE, the nation's oldest and largest nonprofit organization that not only brings awareness to the issues surrounding LGBTQ+ aging, but also provides the resources necessary to improve the lives of LGBTQ+ seniors.www.sageusa.org

As the first national senior living company to conduct SAGE platinum certifications, Watermark conducts SAGE training and maintains certifications for its communities coast to coast. Armed with greater knowledge, empathy, and understanding, Watermark communities are able to serve our diverse communities, associates, families, friends, and guests.





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