### Experience Extraordinary Senior Living



# REDEFINING SENIOR LIVING

Watermark Retirement Communities<sup>®</sup> is proud to manage the Legacy family of communities. We're building on more than 30 years of experience in revolutionizing health and wellness programs that promote well-being and enriched lifestyles.

At each Legacy community, connect and engage in a warm and welcoming setting featuring spacious residences and comfortable shared spaces. We invite you to create your personal wellness journey with our suite of innovative programs, exceptional amenities and services, enriching classes, vibrant community life, chef-prepared cuisine, expert care tailored to meet your needs, and more. It's all part of our culture of choice, designed just for you.

WE'RE NOT WHAT YOU'D EXPECT, AND THAT'S A PROMISE.









# AN OPTION FOR EVERY APPETITE

At Legacy communities, meals are culinary celebrations of good taste, good health, and good company. Connect and share stories with friends and family in our exceptional dining space with laughter at the table, gracious hospitality, and impeccable attention to every detail. Using only the freshest ingredients, our expert culinary team creates flavorful options that always hit the spot. Our skilled chefs accommodate special diets and preferences as requested.

For individuals with cognitive, neuromuscular, or physical challenges, Gourmet Bites Cuisine enhances independence and restores the joys of dining. We transform our freshly prepared and high-quality menu items into delicious and nutritious meals served as bite-size portions to be eaten by hand. No assistance, no distractions, no utensils – no problem.

### VARIETY IS TRULY THE SPICE OF LIFE AT LEGACY COMMUNITIES.





#### SAMPLE MENU:

Chef's Minestrone Soup

Buttermilk Chicken Caesar Salad

Pan-Seared Blackened Atlantic Salmon with Whipped Potatoes

Garlic Lemon Shrimp with Wild Rice Pilaf

Steak of the Day with Onion Strings

White and Dark Chocolate Bread Pudding



## MIND AND BODY WELLNESS

Discover a world of well-being at Legacy Watermark Communities. Embrace your cherished passions and try something new with our enticing calendar of programs, outings, events, and Watermark University classes.

Stimulate your mind in *Music and Movement* or *Conversational Spanish*, bring a new recipe to life in *Creative Cuisine*, discover a new artistic talent in *The Artist Within*, strengthen your body with *Chair Yoga*, or explore the Grand Canyon with EngageVR<sup>®</sup> (virtual reality). With dozens of classes taught by residents, associates, and professional partners, you'll always find meaningful ways to connect, explore, and learn.

#### EXPLORE NEW INTERESTS AND INDULGE IN WHATEVER INSPIRES YOU.





SAMPLE CLASSES\* Mindful Meditation Charcoal Drawing Travelogues Around the World Sign Language Fun with Facebook Jewelry Making Photography Club Oil Painting Intro to Computers Tai Chi Hip Hop Dance 101 Conversational French Secrets of Central Park

\*Classes vary at each Legacy location.



# INDEPENDENT LIVING LEGACY

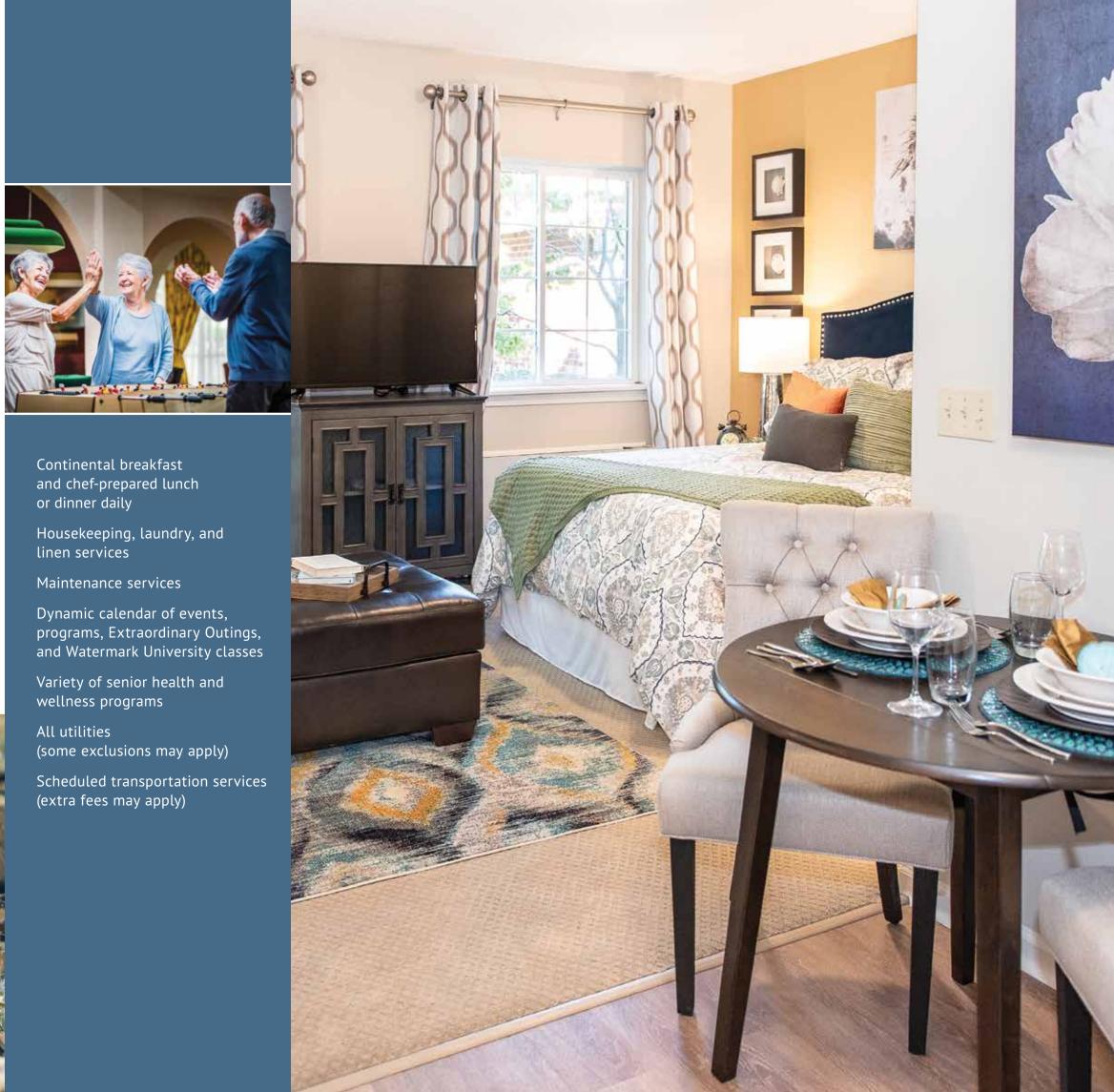
Enjoy the fun side of life in a vibrant setting that provides everything you want and need and nothing you don't – simple as that. Let us take care of the fine details of daily living so you can focus on everything that brings you joy. Trade in homeownership hassles, cooking, cleaning, and your endless to-do list for the carefree and convenient lifestyle you crave, with the right amount of customized care and support should you ever need it.

Our expert associates know more than just your name. We make it our business to know all your preferences and exceed every expectation.

Residences run the gamut from cozy studios to luxurious two-bedroom suites and golf course villas. We have options that work with every budget and lifestyle.

#### **DESIGN A LIFESTYLE THAT'S** PERFECT FOR YOU.







# INDEPENDENT LIVING VILLAS

Limited availability, unlimited access. That describes Legacy villas perfectly, and they're available at four Legacy communities. Welcome to your own private sanctuary with all the space and privacy you could ever want or need – no maintenance required. Carefree living in The Villas means having full access to all the amenities, services, and incredible benefits Legacy Watermark Communities have to offer in your own private residence.

Host a family barbecue on your private patio, or relax and watch the leaves fall. And best of all, you don't have to rake them.

### SAY HELLO TO THE BEST OF BOTH WORLDS.





One- and two-bedroom ranch-style homes

Designer and modern full kitchens

Full baths with walk-in showers

Private attached garages

24-hour maintenance services

Lawn care and landscaping

Snow removal

Trash removal

Access to all Legacy community amenities

Move-in coordination services

Pet-friendly



# ASSISTED LIVING & ENHANCED ASSISTED LIVING

#### ASSISTED LIVING WITH A DIFFERENCE

Customized care, one-on-one support, independence, and peace of mind live in perfect harmony in our Assisted Living communities. Our caring, trained associates have your health and well-being covered 24/7. From simple daily living routines to more comprehensive wellness plans, we tailor our expert care, services, and wellness offerings to meet your needs. We'll stop at nothing to help you feel centered, strong, and thriving.

#### ENHANCED ASSISTED LIVING

Happiness and healing start with being in the place that's just right for you. When Assisted Living doesn't provide all the support you'd like but skilled nursing isn't necessary, Enhanced Assisted Living is just what the doctor ordered. Enjoy 24-hour professional care, a high associate-to-resident ratio, and care tailored to your individual needs – without the added cost of unnecessary services. Enhanced Assisted Living offers the perfect "in-between" choice to ensure you're thriving.

### DISCOVER OUR UNIQUE APPROACH TO INTEGRATIVE CARE AND WELL-BEING.





Three delicious, healthy meals prepared daily

Weekly housekeeping, laundry, and linen services

Maintenance services

Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes

Variety of senior health and wellness programs

Caring, trained associates available 24/7

All utilities excluding phone service

Scheduled transportation services (extra fees may apply)

Resident call response system



# A NEW KIND OF MEMORY CARE

At Legacy Watermark Communities, we understand that no two journeys are alike. Whether you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease or another form of dementia, we're here for you and your family every step of the way.

At our warm and welcoming Memory Care communities, our Prema Memory Support<sup>SM</sup> program incorporates each individual into the rhythms of daily living, creating mindful moments that inspire longevity and well-being. Specially trained and certified caregivers known as *Nayas* provide customized care 24/7 in a supportive environment that cultivates a deep sense of community, connection, and peace of mind for the entire family.

### WE CHALLENGE TRADITIONAL ASSUMPTIONS ABOUT WHAT IS POSSIBLE.





24-hour support from specially trained Memory Care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious family-style meals, where families and friends are always welcome

Pantry Program for each resident's favorite foods and personal mementos

Healthy snacks available all day, every day

Structured and spontaneous programs specifically tailored to each individual

Dynamic calendar of events, programs, Extraordinary Outings, and Watermark University classes designed for individuals with memory care needs

Family communications center

Residential environment with family photographs, keepsakes, and personal histories

Housekeeping, linen, laundry, and maintenance services



### THERE'S A LEGACY COMMUNITY FOR YOU

Legacy Watermark Communities are the unparalleled choice for senior living in Rochester. Explore Independent Living, Assisted Living, Enhanced Assisted Living, and Memory Care – there's a Legacy community that's your ideal place to call home.

To learn more, please visit us at legacyrochester.watermarkcommunities.com.





Legacy at Clover Blossom in Rochester 585-218-9000 VILLA LIVING • INDEPENDENT LIVING



Legacy at Cranberry Landing in Rochester 585-244-3630 INDEPENDENT LIVING • ASSISTED LIVING **ENHANCED ASSISTED LIVING • MEMORY CARE** 



Legacy at Erie Station in Henrietta 585-334-5006 VILLA LIVING • INDEPENDENT LIVING





Legacy at Fairways in Victor 585-924-7043 VILLA LIVING • INDEPENDENT LIVING



Legacy at Grande'Vie in Penfield 585-381-0680 INDEPENDENT LIVING • ASSISTED LIVING ENHANCED ASSISTED LIVING • MEMORY CARE



Legacy at Maiden Park in Rochester 585-546-7275 ASSISTED LIVING • ENHANCED ASSISTED LIVING MEMORY CARE



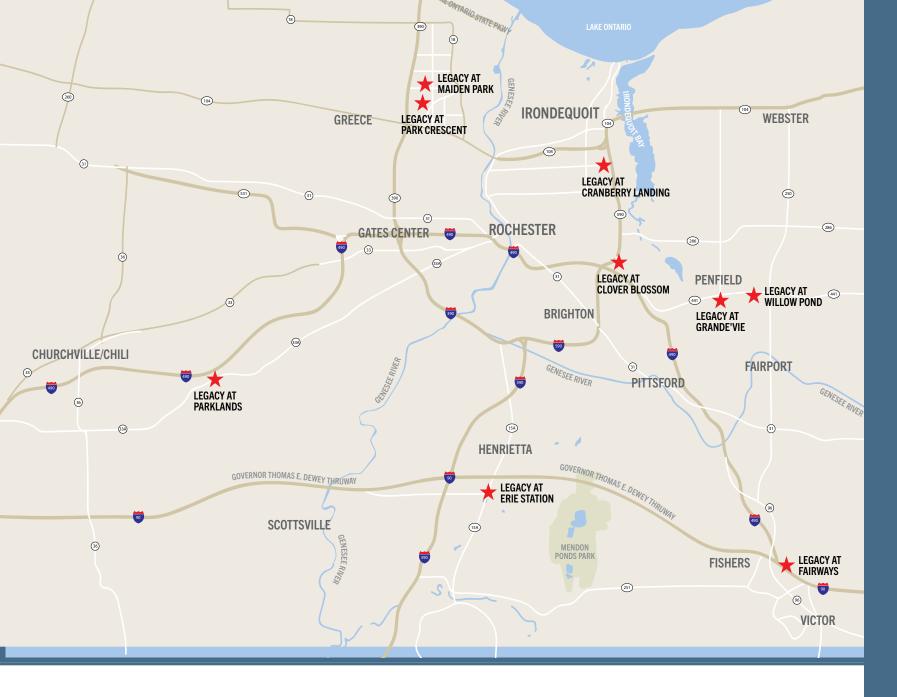
Legacy at Park Crescent in Greece 585-865-0680 VILLA LIVING • INDEPENDENT LIVING



Legacy at Parklands in Churchville 585-889-6590 INDEPENDENT LIVING



Legacy at Willow Pond in Penfield 585-388-7663 INDEPENDENT LIVING



#### About Watermark Retirement Communities

Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services<sup>™</sup> in a national program conducted by the Great Place to Work<sup>®</sup> Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity and financial stability, and manages more than 65 retirement communities in 21 states.

#### VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.











VILLA LIVING INDEPENDENT LIVING ASSISTED LIVING ENHANCED ASSISTED LIVING MEMORY CARE