



Senior Living Redefined

Senior communities are not what they used to be, and that's great news. At Caliche Senior Living, each day presents you with engaging classes, social events, beautiful surroundings, and friendly neighbors. Modern residences are bright and comfortable. Expert associates are professionally trained, authentically caring, and love to laugh. Innovative programs reflect Watermark Retirement Communities' 30+ years of leadership in senior living. Best of all, everybody in our community feels like family.

It's not what you'd expect, and that's the point.

"Joy! Joy! Joy! Our mom has lived at Caliche for 3 months ... She is happy, actively engaged in all the scheduled activities, and she has made many friends."

– Family member of a Caliche Senior Living resident



We Defy Senior Living *Myths*

#1. *I'll Be Lonely*

Not likely. Your social life will get a boost when you're surrounded by friendly people who live, play, and dine together.

#2. *I'll Lose My Independence*

Opposite. We do all the chores, so you're free to soar. Make each day what you want it to be, doing exactly what you want to do.

#3. *The Food Will Stink*

You'll be asking for seconds. Our culinary team has worked in the finest restaurants, and they create scrumptious meals. Ask for your favorite dish!

#4. *It's Expensive*

When you add up what you spend now, from housing to monthly bills and unexpected repairs, we may be a better value. Ask our team about resources you may not know about.



1640 North Peart Road • Casa Grande, AZ 85122
520-316-8041 • casagrande.watermarkcommunities.com

ASSISTED LIVING • MEMORY CARE

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Inspired Living & Unexpected Delights



ASSISTED LIVING • MEMORY CARE

Expert Care Plus Plenty of Love

In our innovative **Assisted Living** program, unparalleled care and personal choice are the order of the day. You won't find cookie-cutter apartments or boring stereotypical events. Health care is not delivered on a rigid, inconvenient schedule. We take care of everything, so residents can enjoy life, and families have peace of mind.

Memory Care residents thrive with our positive approach, always focused on what they can do, not what they can't. We call it Prema Memory SupportSM, and our specially trained *Naya* caregivers are really more like family. They provide support and companionship throughout the day by talking, listening, and sharing experiences.



What's for Dinner?

Good food nourishes you, great taste will delight you, and sharing meals adds the joys of friendship and connection. At Caliche Senior Living, we celebrate mealtime, and our culinary team fills the ever-changing menu with fresh, delicious, and nutritious choices, from creative dishes to comfort foods. Our signature Gourmet Bites Cuisine turns meals into bite-sized, handheld portions, so anyone with cognitive or physical challenges can enjoy eating without utensils or assistance.

Programs, Outings, and Watermark University

We're all about choice here, and each day includes plenty. Cultural programs, mind-body fitness classes, social events, and group outings are always on the calendar. On a typical day, Watermark University classes might include *Music and Motion*, *Chair Yoga*, *Creative Cuisine*, *The Artist Within*, *Chef Demonstration*, and dozens more. Residents can learn (or teach) something new every day.

“I can breathe a sigh of relief knowing that my mom is in good hands.”

– Family member of a Caliche Senior Living resident

Amenities and Services That Make Life Great

Our carefree lifestyle is inspiring, fun, and enriched by Caliche Senior Living's distinctive setting. Stroll or watch the birds on our lush landscaped grounds, enclosed for your privacy and safety. Borrow a book from our extensive library, spend time in our fitness center, or treat yourself to a visit to our full-service beauty salon and barber shop. Going somewhere? Leave the driving to us with scheduled transportation for appointments, shopping, social or cultural outings, and more. From the moment you arrive at Caliche Senior Living, you'll wish you moved here sooner.

