

# A BESPOKE WELLNESS JOURNEY

#### This Must Be the Place

Rose Tree Place, managed by Watermark Retirement Communities, is building on more than three decades of experience to revolutionize health and wellness programming that promotes each resident's well-being.

We are more than just an address to call home. Discover an intimate setting designed to nourish your mind, body, and spirit on 17 tranquil acres of natural, wooded beauty. Enjoy the flexibility to live life on your terms while we cater to your every want and need.

From affordable and spacious residences and gourmet cuisine to enriching programs and wellness offerings, spirited social events and expert care, the options to be well and thrive are endless. It's all part of our culture of choice.

WE'RE NOT WHAT YOU'D EXPECT. THAT'S PRECISELY THE POINT.





### WATERMARK SIGNATURE PROGRAMS:

Watermark University

Prema Memory Support<sup>SM</sup>

Gourmet Bites Cuisine

Extraordinary Outings

EngageVR®



## AN OPTION FOR EVERY APPETITE

### Dining for the Soul

At Rose Tree Place, meals are culinary celebrations of good taste, good health, and good company. Connect and share stories with friends and family in one of our exceptional dining spaces with laughter at the table, gracious hospitality, and impeccable attention to every detail.

Our expert chefs will dazzle your palate with an array of tempting culinary creations, from upscale selections to comfort food favorites, using only the freshest ingredients.

### Gourmet Bites Cuisine: Accessibility + Independence

Our groundbreaking program enhances independence and restores the joys of dining for individuals with cognitive, neuromuscular, or physical challenges. We transform our freshly prepared and high-quality menu items into delicious and nutritious meals served as bite-size portions intended to be eaten by hand. No assistance, no distractions, no utensils – no problem.

AT ROSE TREE PLACE, CHOICE IS ALWAYS ON THE MENU.



### TODAY'S SELECTIONS:

French Onion Soup

Mesclun of Baby Greens

Poached Salmon with Spinach

Mojo Rubbed Flounder

Pesto Grilled Chicken

Southwestern Pork Loin

Peach Crisp



## MIND AND BODY WELLNESS

### Discover a World of Well-Being

Embrace your passions and try something new with our enticing calendar of programs, outings, events, and classes offered through Watermark University.

Stimulate your mind in *Music and Movement* or *Conversational Spanish*, bring a new recipe to life in *Creative Cuisine*, discover a new artistic talent in *The Artist Within*, strengthen your body with *Yoga*, put your sports knowledge to the test in *History of Baseball*, or explore the Grand Canyon with EngageVR® (virtual reality). With dozens of classes taught by residents, associates, and professional partners, you will always find meaningful ways to connect, explore, grow, and learn.

EXPLORE NEW INTERESTS AND INDULGE IN WHATEVER INSPIRES YOU.





Culinary Creations

Beading

Blackjack for Beginners

Chair Yoga

Classic Croquet

Conversational Italian

History of Baseball

Armchair Travel

Politics 101

Music Appreciation



## PERSONAL CARE WITH A DIFFERENCE

#### Catered Living and Curated Care

Our vibrant neighborhood is the place where customized care, one-on-one support, independence, and peace of mind live in perfect harmony. Discover a variety of wellness options and benefits tailored to meet your personal needs. From simple daily living routines to more comprehensive wellness plans, you'll enjoy choices galore around every corner.

Your health, dignity, and well-being are at the heart of all we do, and we'll stop at nothing to help you feel centered, connected, and supported. Whatever makes you happy, we'll make it happen.

DISCOVER OUR UNIQUE APPROACH
TO INTEGRATIVE CARE AND WELL-BEING.





Spacious apartments with 10-foot ceilings

Beautiful courtyard views

One- and two-bedroom suites with full kitchens

Washers and dryers in twobedroom suites

Studio apartments feature kitchenettes with a microwave and a mini refrigerator

Three delicious and healthy chef-prepared meals daily

Caring and trained associates available 24 hours a day

Dynamic calendar of classes, events, programs, and outings through Watermark University

Housekeeping services and complete apartment maintenance

Variety of senior wellness programs

State-of-the-art wireless resident call response system

Move-in coordination services

## SHORT-TERM STAYS

### All the Comforts of Home — and Then Some

Short-term stays relieve stress and restore everyone's energy. Restful reprieves in a fully furnished apartment offer a refreshing change of pace for seniors, presenting fun-filled opportunities to make new friends, enjoy delicious cuisine, and take part in our dynamic calendar of events, outings, and programs.

COME STAY WITH US, AND EXPERIENCE WHAT IT REALLY MEANS TO THRIVE.





## REDEFINING MEMORY CARE

### Because No Two Journeys Are Alike

Whether you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease, or another form of dementia, we are here for you and your family every step of the way.

Our warm and welcoming Pathways Memory Care neighborhood presents a positive, secure, and understanding environment that inspires a sense of connection, longevity, and well-being. Specially trained and certified universal caregivers offer customized care and one-on-one support 24/7, always incorporating each individual's unique life experiences, preferences, and needs into everything we do.

WE CHALLENGE TRADITIONAL ASSUMPTIONS ABOUT WHAT IS POSSIBLE.





24-hour support from specially trained Memory Care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious family-style meals where families and friends are welcome

Pantry Program for each resident's favorite foods and personal mementos

Dynamic calendar of Watermark University classes, programs, and Extraordinary Outings designed for individuals with memory care needs

Healthy snacks available all day, every day

Structured and spontaneous programs specifically tailored to each individual

Residential environment with family photographs, keepsakes, and personal histories

Beautiful, luminous, and secure memory courtyard

Housekeeping and linen services

Complete apartment maintenance services



# DESIGN THE LIFESTYLE THAT'S PERFECT FOR YOU

### Exceptional Amenities and Choices Everywhere You Turn

Rose Tree Place empowers residents to live the life they want filled with endless opportunities for catered living in our charming and vibrant wellness setting.

From grand-scale amenities to intricate services that make life great, discover all that Rose Tree Place's carefree lifestyle has to offer. No request is too big and no detail is too small. We are here to help create and enhance your optimal wellness journey.

WE THOUGHT OF YOU – AND THEN WE THOUGHT OF EVERYTHING.





Elegant dining room with private dining available

Marble lobby with grand piano

Complimentary morning coffee and happy hours with spirits and snacks

Full-service beauty salon and barber shop

Well-stocked library

Outdoor courtyards and paved walking path

Computer center

Fitness center

Daily transportation services

On-site physical and occupational therapy

State-of-the-art wireless resident call response system



### About Watermark Retirement Communities

Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services<sup>™</sup> in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity, and financial stability, and manages more than 65 retirement communities in 21 states.

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.













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