



Assisted Living • Memory Care



experience

Extraordinary Senior Living





# Unexpected Opportunities, Unlimited Choices

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

A resort getaway that feels like home awaits at The Watermark at Vistawilla. We've designed every day here with you in mind with engaging events, new opportunities, delicious cuisine, personalized wellness, and more. It's all part of our culture of choice.

*We're not what you'd expect,  
and that's a promise.*



welcome



## Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine, you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.

*Choice is always on the menu here.*













## Endless Opportunities To Thrive

There's always something happening with our signature programs, engaging events, and exciting outings. Stay as busy — or as free — as you choose and make friends along the way. Whole-person wellness is an essential part of living a full life. That's why residents have unlimited access to a suite of opportunities right on-site. Award-winning Watermark University classes sharpen the mind, the wellness center keeps the body moving, Extraordinary Outings enrich the spirit, and communitywide events bring us all together.

*Create a lifestyle that engages and inspires you.*



### Sample Classes:

Classical Composers

Abstract Art

Social Networking  
for Seniors

Beading

Creative Cuisine

Chair Yoga

Photography



## customized support

# Assisted Living That Keeps Up With You

Our Assisted Living neighborhood is centered around choice. You or a loved one can live as independently as you'd like with personalized, 24/7 support available whenever needed. From extra help with chores to driving while you run errands, we're ready to lend a helping hand.

Daily check-ins and wellness options are only the beginning. Our goal is to support you or a loved one's lifestyle with top-notch care that revolves around your schedule — never ours.



*Beautiful place! The whole place feels like home! It was so refreshing to see the associates and the residents interacting like family.*









## Memory Care Rooted in Empathy and Expertise

Whether your loved one is experiencing mild cognitive impairment, Alzheimer's disease, or another form of dementia, we're here to help every step of the way. Our Memory Care neighborhood welcomes residents into an uplifting, secure, and understanding environment that inspires a sense of connection and well-being.



### A Unique Approach

Our Prema Memory Support<sup>SM</sup> program offers customized care and one-on-one support 24/7, putting each resident's unique life experiences, preferences, and needs first. With this positive approach, we focus on what people can do, never what they cannot.

Signature *Naya* caregivers are trained in accordance with guidelines set out by the Alzheimer's Association. These treasured associates incorporate residents into the rhythms of daily living and engage in each moment as the days unfold, focusing on whatever evokes feelings of joy and purpose.

*This community is fantastic. The employees truly care about the residents, and it shows with their extra attention to detail.*





designed for you

# Services and Amenities That Make Life Great

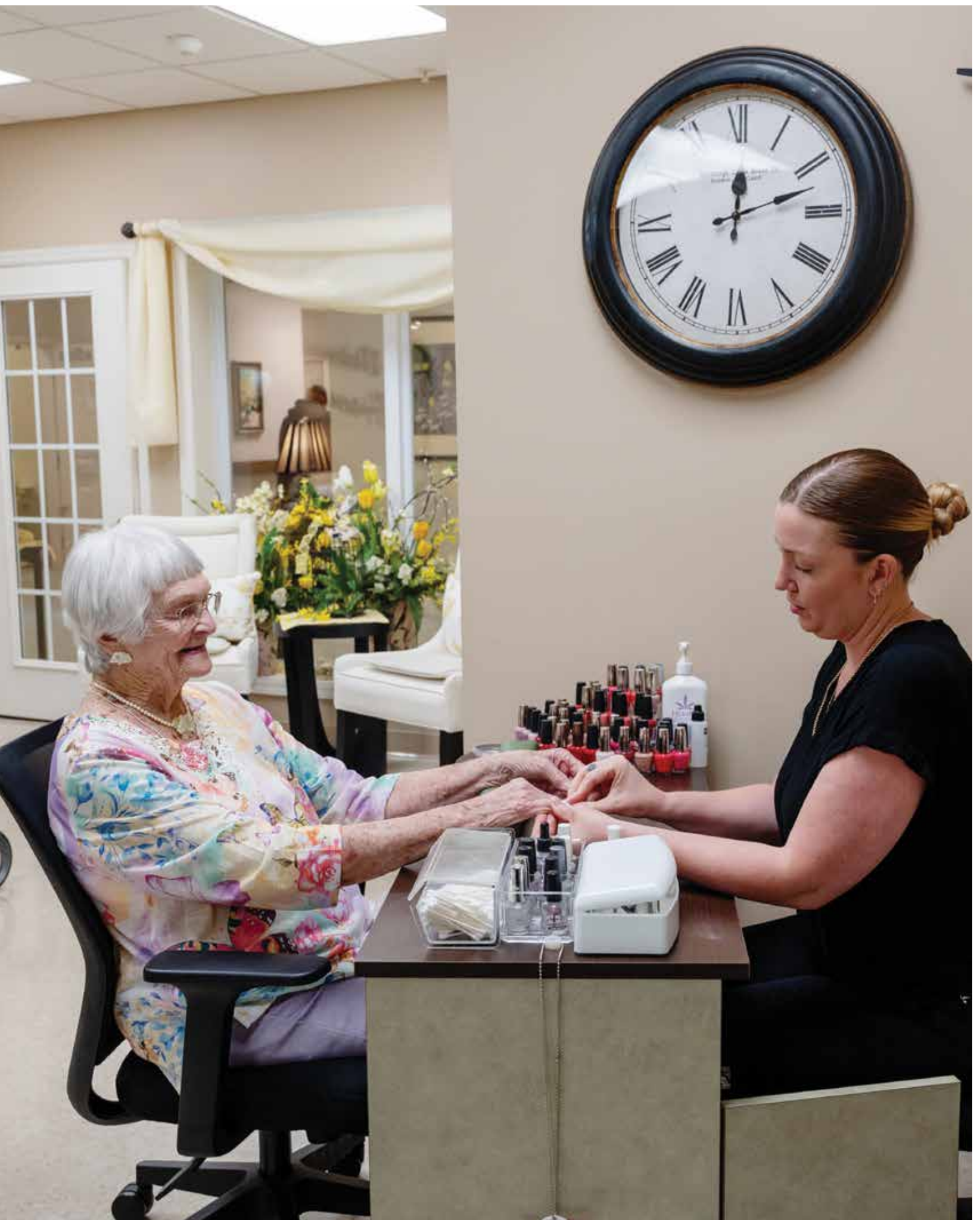
At The Watermark at Vistawilla, we've thought of practically everything. Our active, carefree lifestyle will keep you or a loved one feeling supported, centered, and thriving. Enjoy countless lifestyle enhancements and courteous services that will leave you feeling catered to and cared for.

Here, there's never a shortage of new things to do with amenities like a library, movie theater, wellness center, and spa & salon. We're at your service with a concierge, 24/7 support, transportation, maintenance, and more. Come discover, learn, and grow with us.

*New passions, experiences,  
and opportunities await.*



- Spacious studios and one-bedroom apartments
- Courtyard views
- Three chef-prepared meals each day
- Trained associates available 24/7
- Customized wellness plans and programs
- On-site physical, occupational, and speech therapy
- Watermark University classes
- Extraordinary Outings
- EngageVR® virtual reality experiences
- Artistic Expressions (Memory Care)
- Pantry Program (Memory Care)
- Sensory Garden (Memory Care)
- Salon and barber services
- Scheduled transportation
- Housekeeping and linen services
- Resident call response system
- Move-in coordination service
- Garden courtyard
- Preventive Health Screenings and Education
- Fitness center
- Library





possibility, purpose & joy

## A Location To Love

The Watermark at Vistawilla is located in Winter Springs, Florida — an enviable destination known for its scenery, safety, and close-knit community — only 15 minutes from urban Orlando. Here, you really can have it all: small-town living within a beautiful setting, yet near the best cultural, entertaining, sporting, and artistic offerings in the state.

*Explore, play, and enjoy in the heart of Florida.*

## About Watermark Retirement Communities

**Watermark creates extraordinary and innovative communities where people thrive.**

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

*Visit [watermarkcommunities.com](http://watermarkcommunities.com) for more information.*









It's What's Inside That Counts  
**expect the unexpected**



**LEAVE US A REVIEW**



**THE WATERMARK**  
AT VISTAWILLA

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1519 East State Road 434 • Winter Springs, FL 32708 • 407-702-1300 • [WatermarkVistavilla.com](http://WatermarkVistavilla.com)

 A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>



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