

Discover the Watermark Difference



THE LODGE
AT NORTH OGDEN

A WATERMARK RETIREMENT COMMUNITY®

**INDEPENDENT LIVING
ASSISTED LIVING
MEMORY CARE**

REDEFINING SENIOR LIVING

More than 30 years of experience has taught us that today's seniors want more choices and a more active lifestyle, different than generations before. That's why we opened The Lodge at North Ogden, a community with those two criteria at the foundation.

Our community is based on a culture of choice, offering a variety of programs to engage every individual to stay active. From apartment choices and individualized wellness programs, to events and outings, classes and more, you'll find that the choices are endless.

**WE'RE NOT WHAT YOU'D EXPECT,
AND THAT'S A PROMISE.**



Restaurant-style dining

Large outdoor dining room
and deck

Private dining room for
entertaining

Full-service beauty salon
and barber shop

Laundry rooms

Gift shop

Well-stocked library

Billiards room

Resident emergency response
system

Spacious, beautifully landscaped
grounds

Pet-friendly



AN OPTION FOR EVERY APPETITE

Dining at The Lodge at North Ogden might surprise you. Do you expect your meals to be prepared by skilled chefs and served by friendly associates who give special attention to the details? How about having access to cooking demonstrations? This isn't a dining room in a retirement community, this is an evening spent at one of your favorite restaurants. Whether you prefer restaurant-style dining or quick and casual, the choice is yours. Also, if you or your loved one faces cognitive or neuromuscular challenges, explore our signature Gourmet Bites dining program and enjoy your favorite foods without assistance, utensils, or distractions.

AT THE LODGE AT NORTH OGDEN, CHOICE IS ALWAYS ON THE MENU.



Cuisine prepared to your tastes

Restaurant-style dining

Private dining room for entertaining

Large outdoor dining room and deck

Catering services

Tray service available



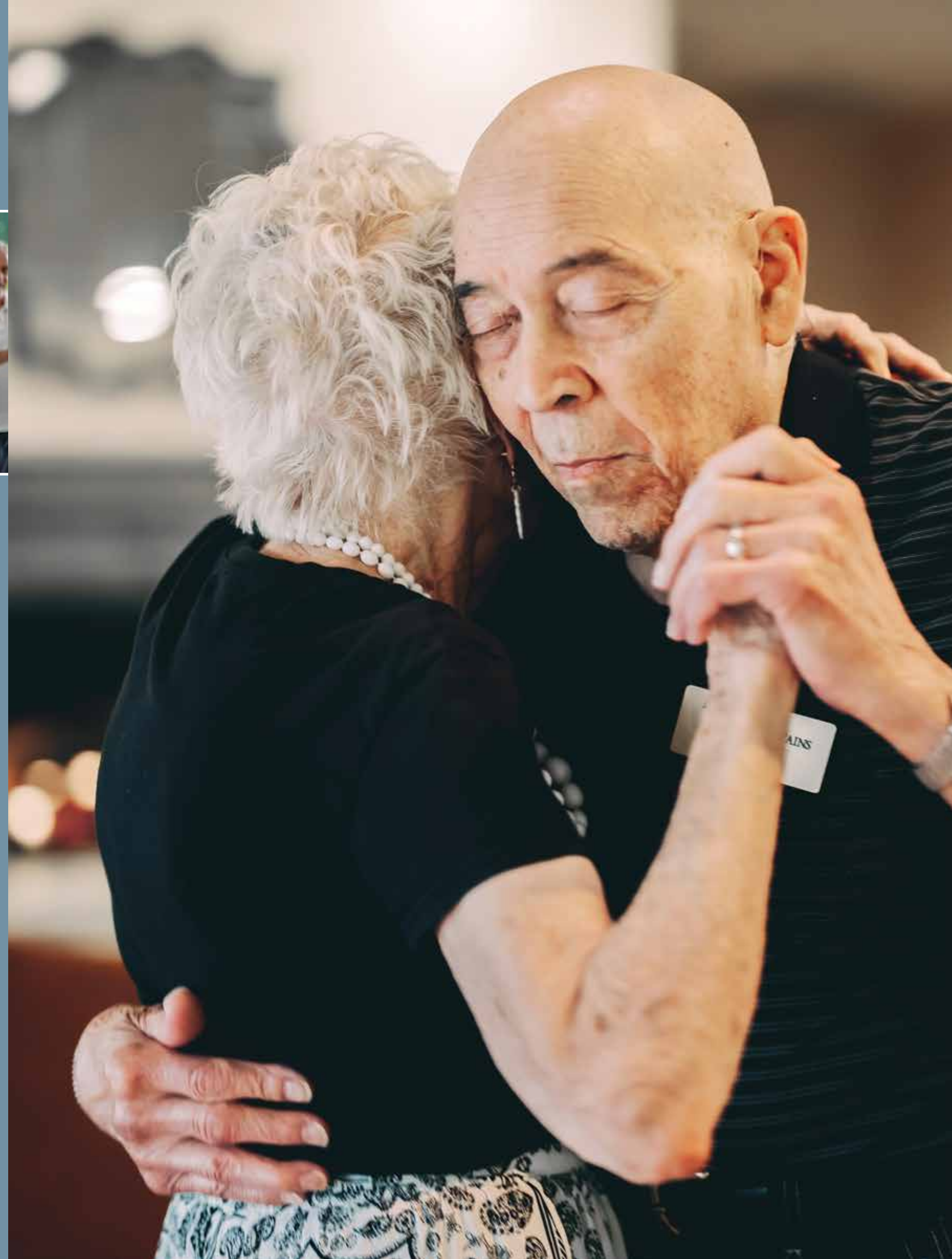
WATERMARK UNIVERSITY CLASSES

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why, as part of Watermark Retirement Communities®, we created Watermark University. You'll have unlimited access to all of our mind and body fitness classes, which are just steps from your door. Our ever-changing calendar of classes feature *Chair Yoga*, *Painting 101*, *Intro to Bridge*, and dozens more, so you can learn (or teach) something new every day. These classes aren't just for residents. Call to enroll in a class today.

**CREATE A LIFESTYLE THAT SUITS
YOUR PREFERENCES.**



Brain Games
Sports Talk
Chef Demonstrations
Intro to Wii Bowling
Music and Movement
Wellness Roundtable



INDEPENDENT LIVING

Trade the headaches of home maintenance, countless bills to pay, and endless errands for the extraordinary lifestyle you deserve. Enjoy the fun side of life in a lively community filled with attentive associates who know more than just your name. We know your preferences, and we love exceeding your expectations.

Our apartments range from spacious one-bedroom units to two-bedroom suites, each ready for you to customize to your specific style and tastes. Each unit features a fully equipped kitchen with full-size refrigerator, stove, dishwasher, and microwave. And the best part, you can have it all for a simple monthly rental with no buy-in requirements.

WE TAKE CARE OF EVERYTHING SO YOU CAN THRIVE!



Dynamic calendar of events and outings

Watermark University classes

Two restaurant-style meals daily

Resident emergency response system

Weekly housekeeping and linen service

Scheduled transportation services

Senior wellness programs

Guest accommodations

Pet-friendly



ASSISTED LIVING WITH A DIFFERENCE

When it comes to Assisted Living, we're not what you'd expect. Forget cramped, cookie-cutter apartments, stereotypical boring activities, and care delivered on a rigid schedule. At The Lodge at North Ogden, customized care and choice are at the foundation of what we do. Let the days unfold with a dynamic calendar of fun outings, exceptional meals with friends, interesting classes, clubs, and personal pursuits. Count on us for top-notch care tailored to your needs on your schedule – not ours – so the care you want never interrupts the day's plans.

**OUR UNIQUE APPROACH INTEGRATES MIND
AND BODY WELLNESS INTO DAILY LIFE.**



Choice of studio, one- or two-bedroom

Spacious apartments with modern kitchenette

Three chef-prepared meals daily plus snacks

Resident emergency response system

Dynamic calendar of events and outings

Watermark University classes

Weekly housekeeping and linen service

Scheduled transportation services

Senior wellness programs

Guest accommodations



A NEW KIND OF MEMORY CARE

At The Lodge at North Ogden, we've borrowed from the traditions of multigenerational households and local bed and breakfasts to create a place where everyone feels at home. Suites are comfortable, filled with bright colors, soft natural light, and high-end finishes. Common areas, such as living rooms, patios, libraries, and kitchens, are always just a few steps away. Meals are cooked right in the kitchen, and anyone can roll up their sleeves to help prepare the meal. Following traditional practices, our Memory Care communities revolve around the kitchen table, where food and conversations build strong, positive connections.

WE CHALLENGE TRADITIONAL ASSUMPTIONS ABOUT WHAT'S POSSIBLE.



24-hour associates with specially trained Memory Care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious family-style meals, where families and friends are always welcome

Pantry Program for each resident's favorite foods

Healthy snacks available all day, every day

Structured and spontaneous programs specifically tailored to each individual

Extraordinary Outings that you would never expect in a Memory Care community

Beautiful outdoor patios

Home-inspired decor with family photographs, keepsakes, and personal histories

Private and semiprivate suites

Housekeeping, linen, and laundry services

Maintenance services

MEET THE NAYAS

The word *Naya* comes from the ancient language of Classical Sanskrit and is based on being engaged in the present moment. A *Naya* is a guide, person of wisdom, conductor, and leader. These terms truly define our caregivers who are mindfully engaged in each moment to cultivate a sense of well-being, community, spontaneity, and creativity.

In traditional senior living models, care is divided between several associates who interact with a resident only within their particular area of limited duties. This not only results in reduced continuity, but it prevents associates from seeing the big picture of each resident's well-being. Because our *Nayas* spend the day with residents, they notice the early signs of concern that might otherwise go unseen. *Nayas* know if residents have a good appetite, how well they slept, and when they last exercised or participated in a new program. They can observe how individuals react to a change in type or dosage of medicine or a new therapy. Understanding the big picture results in a healthier, happier, and more connected lifestyle.



Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services in a national program conducted by the Great Place to Work Institute and published on Fortune.com. A privately held company with a reputation for more than 30 years for service, innovation, integrity, and financial stability, Watermark manages more than 65 retirement communities coast to coast. Based in Tucson, Arizona, Watermark is ranked as the nation's ninth-leading senior housing operator by the American Seniors Housing Association.

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.





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AT NORTH OGDEN

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