

Planning for the Future with Dementia



A diagnosis of Alzheimer's disease or dementia can be overwhelming. Here are five tips to help begin planning:

1. Schedule a visit with your health care provider and discuss building a health care team.
2. Educate yourself and others about Alzheimer's disease and dementia.
Explore local resources and support groups.
3. Develop a support system, and don't hesitate to ask family and friends for help.
4. Consult with elder law professionals to create smart financial and legal plans.
5. Create a flexible care plan to meet evolving needs.

An Empathy-Based Approach to Memory Care

Our supportive and welcoming memory care program specializes in caring for individuals living with Alzheimer's disease and dementia. Certified through the National Council of Certified Dementia Practitioners, specially trained universal caregivers known as *Nayas* incorporate each resident into the rhythms of daily living, cultivating a sense of community, connection, well-being, and peace of mind for the entire family.

Contact us today to learn more and schedule a private tour.
You're not alone – we are here to help.

