



CALICHE
SENIOR LIVING

A WATERMARK RETIREMENT COMMUNITYSM

ASSISTED LIVING • MEMORY CARE

REDEFINING SENIOR LIVING

More than 30 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, from cozy studio suites to spacious two-bedroom apartments, great cuisine and fun events, plus mind and body fitness classes. It's all part of our culture of choice.

IT'S NOT WHAT YOU'D EXPECT, AND THAT'S
THE WHOLE POINT.



Beautifully furnished lobbies
and sitting areas

Contemporary dining room
and private dining room

Stunning desert landscaping

Spacious courtyard patio

Theater

Library

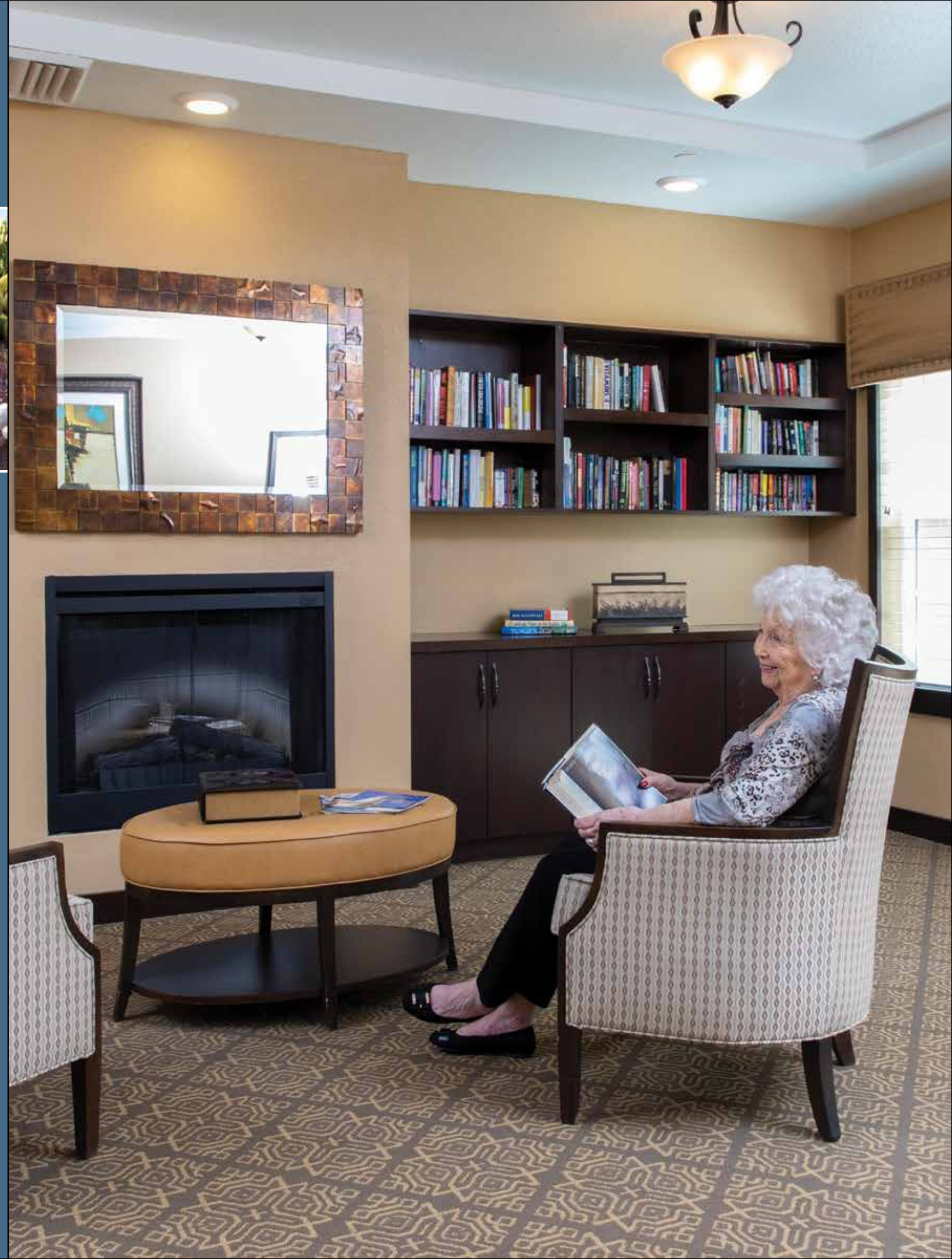
Creative arts room

Fitness center

Billiards lounge

Beauty salon and barber shop

Pet-friendly environment



AN OPTION FOR EVERY APPETITE

One of the joys of life is gathering for meals with friends, family, and neighbors, sharing stories and laughs. That's part of daily life at Caliche Senior Living. Our ever-changing menu features plenty of variety, everything from upscale selections to comfort food favorites. And while delectable dining among friends – without the cooking, cleaning or dishes to wash! – is just steps from your door, you can always opt for room service when you're in the mood. Plus, with our signature Gourmet Bites Cuisine option, anyone with cognitive, physical, or neuromuscular challenges can enjoy delicious foods in one- or two-bite, handheld morsels with no utensils or assistance needed.

**AT CALICHE SENIOR LIVING, CHOICE IS ALWAYS
ON THE MENU.**



SAMPLE SELECTIONS:

Chef's Green Salad

Yankee Pot Roast with
Sautéed Yellow Squash

Almond-Crusted Chicken with
Roasted Rosemary Potatoes

Honey-Grilled Shrimp with
Garlic Pasta

Apricot Cobbler



PROGRAMS, OUTINGS, AND WATERMARK UNIVERSITY

There's always something happening at Caliche Senior Living. Cultural programs, interesting classes, and Extraordinary Outings are simply a part of everyday life.

Stimulating the mind and strengthening the body will yield enormous benefits at any age. You'll love having unlimited access to our mind and body fitness classes, conveniently scheduled and just steps from your door. Choose among *Chef Demonstrations, Wags & Wiggles, Chair Yoga, Homemade Breadmaking, Creative Expressions*, and dozens of other fascinating classes. You could learn – or teach – something new every day. These classes and programs aren't just for residents, either. We welcome friends, family, and neighbors.

**EXPLORE NEW INTERESTS AND PURSUE
WHATEVER INSPIRES YOU.**



Chinese Calligraphy
Sit and Be Fit
Armchair Travels
Flower Arranging
Bible Study
Current Events
Chair Dancing
Music & Motion
Creative Expression



ASSISTED LIVING WITH A DIFFERENCE

We've looked at Assisted Living from all angles and challenged ourselves to raise each and every bar. That's why at The Inn, customized care and choice are the order of the day. No cookie-cutter apartments, boring stereotypical activities, or health care delivered on a schedule so rigid that it becomes the center of your day. You'll find a rich calendar of community doings with a wide variety of social, educational, cultural, and recreational opportunities, exceptional restaurant-style dining, and top-notch care tailored to your needs, on your schedule – not ours.

**DISCOVER OUR UNIQUE APPROACH TO
INTEGRATIVE CARE AND WELL-BEING.**



Bright, cheerful apartments
with modern kitchenettes

Choice of spacious studio,
one-bedroom or two-bedroom
residences

Three delicious, wholesome
meals prepared daily

Healthy snacks always
available

Housekeeping, personal
laundry, and linen service

Complete apartment
maintenance services
including plumbing and major
appliances

Caring, trained associates
available 24 hours per day

Scheduled local transportation
services to shopping,
appointments, and
entertainment

All utilities except phone
service

Calendar of dynamic
programs, classes, and
Extraordinary Outings

Variety of senior health and
wellness programs

Move-in coordination

Resident call response system

Pet-friendly



A NEW KIND OF MEMORY CARE

We know it can be challenging to find the right residence for a loved one living with memory loss. At Caliche Senior Living, we've created a positive, secure residential environment with the best in Memory Care services. Our associates go above and beyond to provide residents with all the assistance they need. Specially trained *Naya* caregivers bring joy and a sense of family to every moment by providing individual, whole-person care and staying focused on what residents can do, never what they cannot. If you have any questions about Memory Care, give us a call. We're here to provide information to help families make the best decision.

**WE CHALLENGE TRADITIONAL ASSUMPTIONS
ABOUT WHAT IS POSSIBLE.**



Specially trained memory care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP) available 24 hours a day

Three nutritious family-style meals where families and friends are welcome

Pantry Program for each resident's favorite foods

Healthy snacks available all day, every day

Structured and spontaneous activities tailored to each individual

Extraordinary Outings that you wouldn't expect in a Memory Care community

Family communications center

Residential environment with family photographs, keepsakes, and personal histories

Housekeeping, personal laundry, and linen services

Maintenance services

MEET THE NAYAS

In traditional senior living models, care of residents is divided among associates, from dishwasher to charge nurse, who interact with a person only within their limited task set. That approach creates a lack of continuity, with caregivers unable to see the resident's whole wellness picture. In contrast, our Naya caregivers at Caliche Senior Living provide an innovative, powerful alternative that enhances life for residents every day.

Specially trained Nayas are responsible for the overall well-being of each resident, performing nearly all of the tasks generally associated with quality of care. They create close bonds with residents, understanding individual needs and preferences, and honoring the complexity of the whole person. Nayas can tell you if a resident has a good appetite, slept well last night, or participated in a new program. They notice reactions to a change in medication or a new therapy, and they guide each resident and family member concerning nourishment, sleep, movement, engagement, and relationships.

**NAYAS FOSTER A LOVING ATMOSPHERE
WHERE EVERYONE CAN THRIVE.**



AMENITIES AND SERVICES THAT MAKE LIFE GREAT

With all the amenities and services at your disposal, Caliche Senior Living feels a lot like a charming bed and breakfast. Take a stroll, chat with new friends, or simply enjoy our beautiful desert landscape. Want to get out and about? Let us do the driving to and from your appointments, social outings, shops, and errands. Treat yourself to services at our beauty salon and barber shop, too. Stop by for a cut, color, style, set, perm, or trim for the gents.

From the moment you choose Caliche Senior Living, you'll wish you'd done it sooner.

**DESIGN THE LIFESTYLE THAT'S PERFECT
FOR YOU – NO REQUEST IS TOO BIG AND
NO DETAIL IS TOO SMALL.**



Elegant dining room with
private dining available

Complimentary morning
coffee and happy hours with
spirits and snacks

Full-service beauty salon and
barber shop

Well-stocked library

Outdoor courtyards

Fitness center

Scheduled transportation
services

On-site physical and
occupational therapy

Resident call response system



Watermark creates extraordinary communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services in a national program conducted by the Great Place to Work Institute and published on Fortune.com. A privately held company with a reputation for over 30 years for service, innovation, integrity, and financial stability, Watermark manages more than 70 retirement communities coast to coast. Based in Tucson, Arizona, Watermark is ranked as the nation's 10th-leading senior housing operator by the American Seniors Housing Association.

VISIT WATERMARKCOMMUNITIES.COM FOR MORE INFORMATION.





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