

experience extraordinary SENIOR LIVING

ASSISTED LIVING & MEMORY CARE

THE WATERMARK



Imagine living in a place where people know your name – and more. Where neighbors understand you, new friends embrace you, and a whole community supports your interests and needs. That's just what you'll find at award-winning Watermark Retirement Communities[®]. Reimagined Assisted Living and Memory Care to bring you a fulfilling lifestyle of joy, learning, and discovery.

Here, you'll discover more than a stylish, luxurious residence to call your own. Nestled in the foothills of the Santa Cruz Mountains and the region's famed vineyards, this is one of the world's most sought-after destinations. From around the globe, visitors flock to San Jose to experience its pioneering spirit, cultural diversity, exciting art scene, and undisputable thought leadership as the unofficial capital of Silicon Valley.

Watermark Retirement Communities has been reimagining the concept of senior living for more than 30 years, maintaining its passion for the creation of extraordinary and innovative communities where people thrive. The Watermark at San Jose is a true manifestation of that commitment.

senior living REDEFINED

Introducing a new era in resort-style Assisted Living and Memory Care for today's modern seniors.

amenities and AMBIENCE

Sophisticated yet relaxed, refined yet inviting - our stylish community offers gorgeous suites and balanced, personalized care.

At The Watermark at San Jose, every detail is designed to enhance your sense of well-being and purpose.

Our community offers chef-created and prepared cuisine, beautiful landscapes, and plush social spaces. Within minutes of your new home, enjoy verdant natural surroundings, indulge in first-class shopping, and treat yourself with one-of-a-kind cultural experiences.

Discover activities that spark curiosity and fill you with the rich satisfaction of living well at The Watermark at San Jose, the heart of extraordinary living.





Special places and shared spaces.

- Multiple dining venues
- Billiards room
- Indulge Salon and Spa

We make the good life easy.

keep track of all the arrangements? Thoughtful support considerate of your individual needs is available every step of the way so you may do all the things you love without worry. Our dedicated concierge makes it simple, providing access galleries, local dining, and other programs such as classes at our fitness and wellness center and relaxing treatments at our on-site spa and salon.

An exceptional community where Watermark at San Jose is the perfect blend of comfort and connection.

Vitality Fitness Center

The Screening Room – a theater

Renew Wellness Center

Lush outdoor spaces to relax and socialize



CULINARY experiences to savor

For individuals living with cognitive, neuromuscular, or physical challenges, our signature Gourmet Bites Cuisine ensures accessibility, dignity, and independence at the table. Using only fresh, high-quality and nutritiously rich ingredients, our specially trained chefs create delicious, bite-size meals intended to be eaten by hand.

Room service and private community spaces are available for special occasions with friends and family; dedicated Assisted Living and Memory Care restaurants ensure everyone delights in our chefs' delectable creations.

Tasteful pursuits that nourish the body while filling the heart.

Our array of tempting menu options presents a variety of choices and dining experiences – from fine dining to light bistro fare, our cuisine is as varied as the people who enjoy it. At Seasons, our full-service, allday dining venue, you'll likely come to have a favorite table, or two, to gather and dine with friends. In this warm and comfortable venue, the versatile chef-curated menus feature soups, salads, entrées with a variety of accompaniments, and desserts – plus chef's weekly specials. With servers trained to know and anticipate residents' favorites, dining here is a celebration of good taste, good health, and good company.

Casual and contemporary, the **Gallery Café** is the place to gather and socialize with friends over fresh coffees, teas, pastries, fruit, and hot cereals for breakfast along with soups, salads, sandwiches, and house-baked desserts at lunch.

vibrance and VITALITY

The path to wellness takes many forms – some unexpected.



True wellness integrates mind, body, and spirit; much like a wheel, every spoke is important to overall strength. At The Watermark at San Jose, we fine-tune each part of the wellness wheel with our **360Well**[®] approach. A variety of vibrant enrichment programs are designed to promote physical and mental health alike.

360 Mell



Self-care is vital, too. The time is always right for revitalizing right on-site at **Indulge Salon and Spa**. Our signature menu of massages, treatments, and facials are both relaxing and rejuvenating, while salon manicures, pedicures, haircuts, and color services help everyone feel and look their best.

With outings to local landmarks, restaurants, and shopping venues, there's always something new to discover. You can even take a trip to the stars with our groundbreaking **EngageVR**[®] virtual reality! Picturesque natural areas and parks are nearby, and a wealth of Watermark University programming includes everything from exciting excursions to mentally stimulating educational symposiums. At The Watermark at San Jose, each day is tailored to you.

nurturing care INSPIRED LIVING

The support you need, with the independence you deserve.



Assisted Living at The Watermark

at San Jose offers spacious residences with modern touches, plentiful opportunities for connection, and thoughtful care at every step. It's a place for wellness, discovery, and enjoyment - with personalized care from people who know you and understand you. And with just the right amount of support, you'll have the freedom to craft your days as you please and plenty to do, from exciting programs and adventurous outings to fitness classes and rejuvenating spa treatments. Discover new interests and reconnect with previous passions.





Our Memory Care neighborhood is an encouraging environment that focuses on infusing daily moments with fulfillment and joy. Dedicated associates and specially trained universal caregivers will help you thrive within our tightknit community, finding new ways to grow and connect each day. Explore new passions or pursue favorite hobbies, relax around the fireplace with a good book, or visit with friends. The choices are all good and the decisions are all yours.

Life will feel comfortable, familiar, and like home because it is. Expect daily life to include wonderful aromas from delicious meals, music, laughter, family members, fresh flowers, natural light, children, pets, and things to look forward to. Your days will be filled with favorite pastimes and creative offerings, as well as space and time for relaxed moments.

Here, the art of caregiving goes beyond the traditional, so we call our caregivers Nayas, a word originating from the ancient language of Sanskrit. A Naya is a guide, a person of wisdom, and a leader who is engaged in the present moment. Specially trained and certified Nayas communicate through validation, rather than correction, to show understanding and support. Through this thoughtful foundation, we cultivate a sense of well-being and connection to celebrate each resident's lived experience and story.

services and AMENITIES

Live the life you want. We'll manage the details.

Our full suite of services and amenities make it easy to create a fulfilling lifestyle whether you seek leisure, luxury, or both. And our concierge service makes everything at The Watermark at San Jose, as well as the surrounding region, incredibly easy to access.



Caring, trained associates available 24 hours per day

Gourmet meals prepared daily by our in-house chefs

Concierge for assistance with reservations for restaurants, events, programs, and more

Billiards room

360Well[®] coordinator

Transportation services

Preventive health screenings and education programs

Spa, salon, and barber services

EngageVR[®] virtual reality

Housekeeping and laundry services

Complete apartment, building, and grounds maintenance services

Move-in coordination service

Resident call response system

Dynamic calendar of Watermark University classes

Exciting trips organized through the Extraordinary Outings program

Prema Memory Support[™] program featuring *Naya* caregivers



SHORT-TERM stays

When you're here, you're family.

Get long-term therapeutic gains with a short-term stay. Enjoy tranquility, peace, and comfort while you're here – whether to heal, navigate a transition, or get additional needed support. It's an ideal opportunity when family caregivers are traveling or you just want a little extra help while recovering from illness, injury, or surgery.



Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services in a national program conducted by the Great Place to Work Institute and published on Fortune.com. A privately held company with a reputation for more than 30 years of service, innovation, integrity, and financial stability, Watermark manages in excess of 70 retirement communities coast to coast. Based in Tucson, Arizona, Watermark is ranked as the nation's 10th-leading senior housing operator by the American Seniors Housing Association.

Visit watermarkcommunities.com for more information.

Renderings are shown for comparative purposes only. Actual structures may have minor variations.



Watermark respects, honors, and celebrates diversity in all forms and has embarked upon a partnership with SAGE, the nation's oldest and largest nonprofit organization that not only brings awareness to the issues surrounding LGBTQ+ aging, but also provides the resources necessary to improve the lives of LGBTQ+ seniors.

As the first nationwide senior living company to conduct SAGE platinum certifications, Watermark is committed to achieving complete SAGE training for at least 80 percent of associates coast to coast. Armed with greater knowledge, empathy, and understanding, Watermark communities will be even more poised to serve our diverse communities, associates, families, friends, and guests.



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