THE SPRINGS AT THE FOUNTAINS AT THE ALBEMARLE REHABILITATION AND SKILLED NURSING





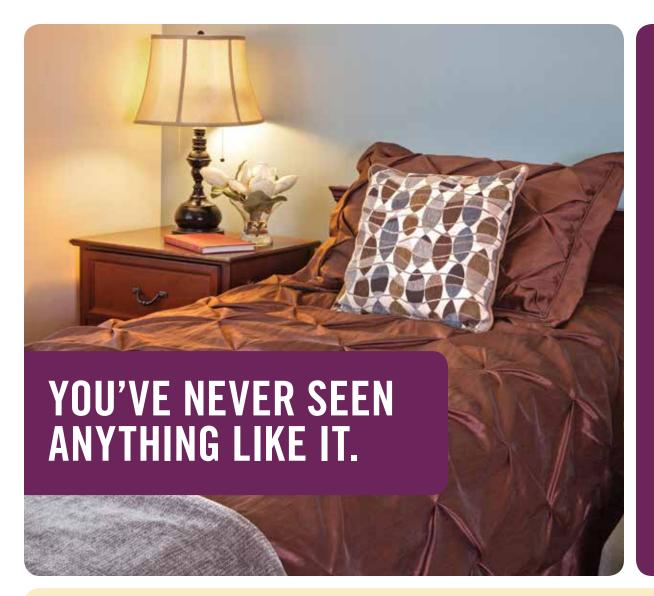
INTRODUCING THE AMBASSADOR PROGRAM — YOUR OWN PERSONAL CARE CONCIERGE



200 Trade Street • Tarboro, NC 27886

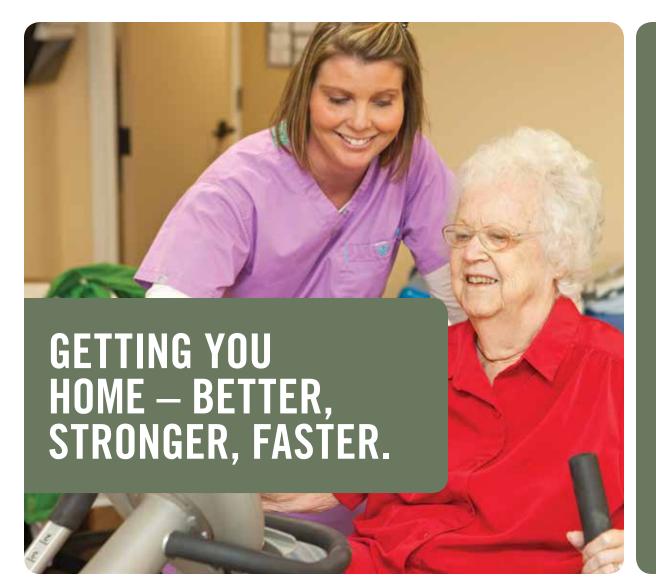
1-252-823-2799 • www.watermarkcommunities.com

A WATERMARK RETIREMENT COMMUNITY



CLOSE TO TARBORO'S HISTORIC MAIN STREET **FULL CONTINUUM OF** CARE AVAILABLE THREE RESTAURANT STYLE MEALS PREPARED DAILY **CLUB AND BAR FULL-SERVICE BEAUTY SALON** AND BARBER SHOP COMPUTER CENTER WITH INTERNET ACCESS CREATIVE ARTS STUDIO WELLNESS CENTER COFFEE BISTRO FURNISHED GUEST APARTMENTS DIVERSE WELLNESS PROGRAMS INCLUDING WATERMARK **UNIVERSITY CLASSES**

When rehabilitation is what the doctor ordered, The Fountains at The Albemarle welcomes everyone. We designed our rehabilitation program with our own residents in mind, that's why we offer amenities and services you will be delighted to find in a rehabilitation setting like private and semiprivate accommodations and services tailored to individual needs. While you're here, you're welcome to take part in any of our offerings, including delicious cuisine, a full calendar of stimulating mind and body fitness programs and that's just the beginning.



PERSONAL AMBASSADOR PROGRAM REGISTERED DIETITIAN OVERSIGHT SERVICE PLANS CUSTOMIZED TO YOUR NEEDS 24-HOUR STAFFING HEALTH CARE MANAGEMENT AND MONITORING WITH PHYSICIAN OVERSIGHT **URGENT CALL SYSTEM** FLAT SCREEN TELEVISIONS PHYSICAL, PULMONARY, OCCUPATIONAL AND SPEECH THERAPIES STATE-OF-THE-ART REHABILITATION EQUIPMENT FEATURING NUSTEP

Why do professionals refer so many patients to The Fountains at The Albemarle for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including **PHYSICAL THERAPY, OCCUPATIONAL THERAPY, SPEECH THERAPY AND PULMONARY REHABILITATION**. For nearly a quarter century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.



Enjoy the ultimate experience with our Ambassador Program. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your **SINGLE POINT OF CONTACT**, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring v oice along the way. Using your family's preferred method of communication – phone, text message, email or in person – ambassadors will **KEEP YOUR CLOSEST RELATIVES INFORMED OF YOUR PROGRESS**. They will take time to get to know you, follow your care plan and attend to any needs that may arise while you're here. And that's not all. They'll even follow up with you after you leave to make sure you're doing well. **IT'S LIKE HAVING YOUR OWN PERSONAL CARE CONCIERGE**.



DESSERT COOKING DEMO



TRY OUT THE FRESH SALMON FOR DINNER



GENEOLOGY CLASS

STRENGTH &

BALANCE CLASS



WEEKLY MAKE YOUR OWN MARTINI PARTY



FIRE UP THE COMPUTERS — FACEBOOK 101 CLASS



EXPRESS YOURSELF IN PAINTING CLASS



WATCH THE BIG GAME IN THE LOUNGE



JAZZ CONCERT AFTER DINNER



TEACH CHEF HOW TO MAKE MOM'S CHEDDAR BISCUITS



MATINEE – *CASABLANCA*



SUNDAY CHURCH SERVICE



JUST THE FACTS

The Fountains at The Albemarle 200 Trade Street Tarboro, NC 27886

Main: 1-252-823-2799

Rehabilitation and Skilled Nursing Admissions: **1-252-823-2799 ext. 275**

Rehabilitation and Skilled Nursing fax:

1-252-823-6555

Medical Director: Dr. Robert Peters

albemarle.watermarkcommunities.com

albemarlecontact@ watermarkcommunities.com



TOTAL RESIDENCES

Independent Living

,	
Assisted Living	38
Memory Care	18
Rehabilitation and Skilled Nursing	30
Decident estisfaction com-	1000/

Resident satisfaction score	100%
Resident family satisfaction score	100%
Sanitation grade	100%

COMMUNITY AMENITIES

Complimentary meal for family member upon arrival

Three restaurant style meals prepared daily Club and bar

Full-service beauty salon and barber shop Computer center with internet access

Creative arts studio

Wellness center

Coffee bistro

Furnished guest apartments

Diverse wellness programs including Watermark University classes



REHABILITATION AND SKILLED NURSING AT THE SPRINGS

Medicare certified

120

Private and semiprivate accommodations

Personal Ambassador Program

Registered dietitian oversight

Customized service plans

24-hour staffing

Health care management and monitoring with physician oversight

Urgent call system

Flat screen televisions

State-of-the-art rehabilitation equipment featuring NuStep

CLINICAL CAPABILITIES

Physical therapy, occupational therapy, speech therapy and pulmonary rehabilitation.

Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Self-care, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.

