

THE SPRINGS

AT THE FOUNTAINS AT THE ALBEMARLE

REHABILITATION AND SKILLED NURSING



INTRODUCING THE AMBASSADOR PROGRAM – YOUR OWN PERSONAL CARE CONCIERGE



200 Trade Street • Tarboro, NC 27886
1-252-823-2799 • www.watermarkcommunities.com
A WATERMARK RETIREMENT COMMUNITY

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE • REHABILITATION & SKILLED NURSING





**YOU'VE NEVER SEEN
ANYTHING LIKE IT.**

CLOSE TO TARBORO'S HISTORIC
MAIN STREET

FULL CONTINUUM OF
CARE AVAILABLE

THREE RESTAURANT STYLE
MEALS PREPARED DAILY

CLUB AND BAR

FULL-SERVICE BEAUTY SALON
AND BARBER SHOP

COMPUTER CENTER WITH
INTERNET ACCESS

CREATIVE ARTS STUDIO

WELLNESS CENTER

COFFEE BISTRO

FURNISHED GUEST APARTMENTS

DIVERSE WELLNESS PROGRAMS
INCLUDING WATERMARK

UNIVERSITY CLASSES

When rehabilitation is what the doctor ordered, The Fountains at The Albemarle welcomes everyone. We designed our rehabilitation program with our own residents in mind, that's why we offer amenities and services you will be delighted to find in a rehabilitation setting like private and semiprivate accommodations and services tailored to individual needs. While you're here, you're welcome to take part in any of our offerings, including delicious cuisine, a full calendar of stimulating mind and body fitness programs and that's just the beginning.



**GETTING YOU
HOME – BETTER,
STRONGER, FASTER.**

PERSONAL
AMBASSADOR PROGRAM
REGISTERED
DIETITIAN OVERSIGHT
SERVICE PLANS CUSTOMIZED
TO YOUR NEEDS
24-HOUR STAFFING
HEALTH CARE MANAGEMENT
AND MONITORING WITH
PHYSICIAN OVERSIGHT
URGENT CALL SYSTEM
FLAT SCREEN TELEVISIONS
PHYSICAL, PULMONARY,
OCCUPATIONAL AND
SPEECH THERAPIES
STATE-OF-THE-ART
REHABILITATION EQUIPMENT
FEATURING NUSTEP

Why do professionals refer so many patients to The Fountains at The Albemarle for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including **PHYSICAL THERAPY, OCCUPATIONAL THERAPY, SPEECH THERAPY AND PULMONARY REHABILITATION**. For nearly a quarter century, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.



YOUR PERSONAL AMBASSADOR

Enjoy the ultimate experience with our Ambassador Program. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your **SINGLE POINT OF CONTACT**, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – ambassadors will **KEEP YOUR CLOSEST RELATIVES INFORMED OF YOUR PROGRESS**. They will take time to get to know you, follow your care plan and attend to any needs that may arise while you're here. And that's not all. They'll even follow up with you after you leave to make sure you're doing well. **IT'S LIKE HAVING YOUR OWN PERSONAL CARE CONCIERGE.**

STRENGTH &
BALANCE CLASS



DESSERT
COOKING DEMO



TRY OUT THE
FRESH SALMON
FOR DINNER



GENEALOGY
CLASS



WEEKLY MAKE
YOUR OWN
MARTINI PARTY



FIRE UP THE
COMPUTERS –
FACEBOOK
101 CLASS



EXPRESS
YOURSELF IN
PAINTING CLASS



WATCH THE
BIG GAME
IN THE LOUNGE



JAZZ CONCERT
AFTER DINNER



TEACH CHEF
HOW TO
MAKE MOM'S
CHEDDAR
BISCUITS



MATINEE –
CASABLANCA



SUNDAY
CHURCH
SERVICE



JUST THE FACTS

The Fountains at The Albemarle
200 Trade Street
Tarboro, NC 27886

Main: **1-252-823-2799**

Rehabilitation and Skilled Nursing
Admissions: **1-252-823-2799 ext. 275**

Rehabilitation and Skilled Nursing fax:
1-252-823-6555

Medical Director: Dr. Robert Peters
albemarle.watermarkcommunities.com
albemarlecontact@
watermarkcommunities.com

TOTAL RESIDENCES

Independent Living	120
Assisted Living	38
Memory Care	18
Rehabilitation and Skilled Nursing	30

Resident satisfaction score	100%
Resident family satisfaction score	100%
Sanitation grade	100%

COMMUNITY AMENITIES

Complimentary meal for family member upon arrival
Three restaurant style meals prepared daily
Club and bar
Full-service beauty salon and barber shop
Computer center with internet access
Creative arts studio
Wellness center
Coffee bistro
Furnished guest apartments
Diverse wellness programs including Watermark University classes

REHABILITATION AND SKILLED NURSING AT THE SPRINGS

Medicare certified
Private and semiprivate accommodations
Personal Ambassador Program
Registered dietitian oversight
Customized service plans
24-hour staffing
Health care management and monitoring with physician oversight
Urgent call system
Flat screen televisions
State-of-the-art rehabilitation equipment featuring NuStep

CLINICAL CAPABILITIES

Physical therapy, occupational therapy, speech therapy and pulmonary rehabilitation.
Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Self-care, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.

