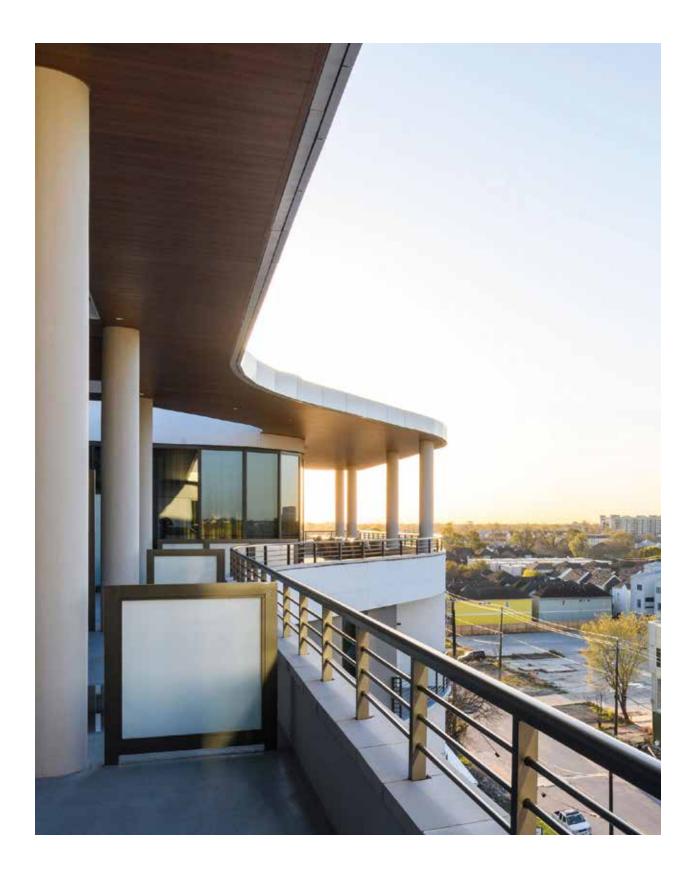


ÉLAN COLLECTION



Senior Living · Assisted Living · Memory Care



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Boasting magnificent views of the Houston skyline from the tallest building in the area, The Watermark at Houston Heights is a community for seniors where every aspect of life is elevated.

This elegant, pet-friendly setting features 222 modern residences for Senior Living, Assisted Living, and Memory Care—with access to rich programming and exceptional customized care.

Upscale amenities and services abound as well: An outdoor pool, spa and salon, fitness center, gourmet restaurants, and even a golf simulator are right on-site. Nestled between the T.C. Jester and Durham/Shepherd neighborhoods, close to White Oak Bayou, The Watermark at Houston Heights is both contemporary and convenient—close to stylish restaurants, shopping, art galleries, and cultural venues. Here, a world of opportunity awaits.

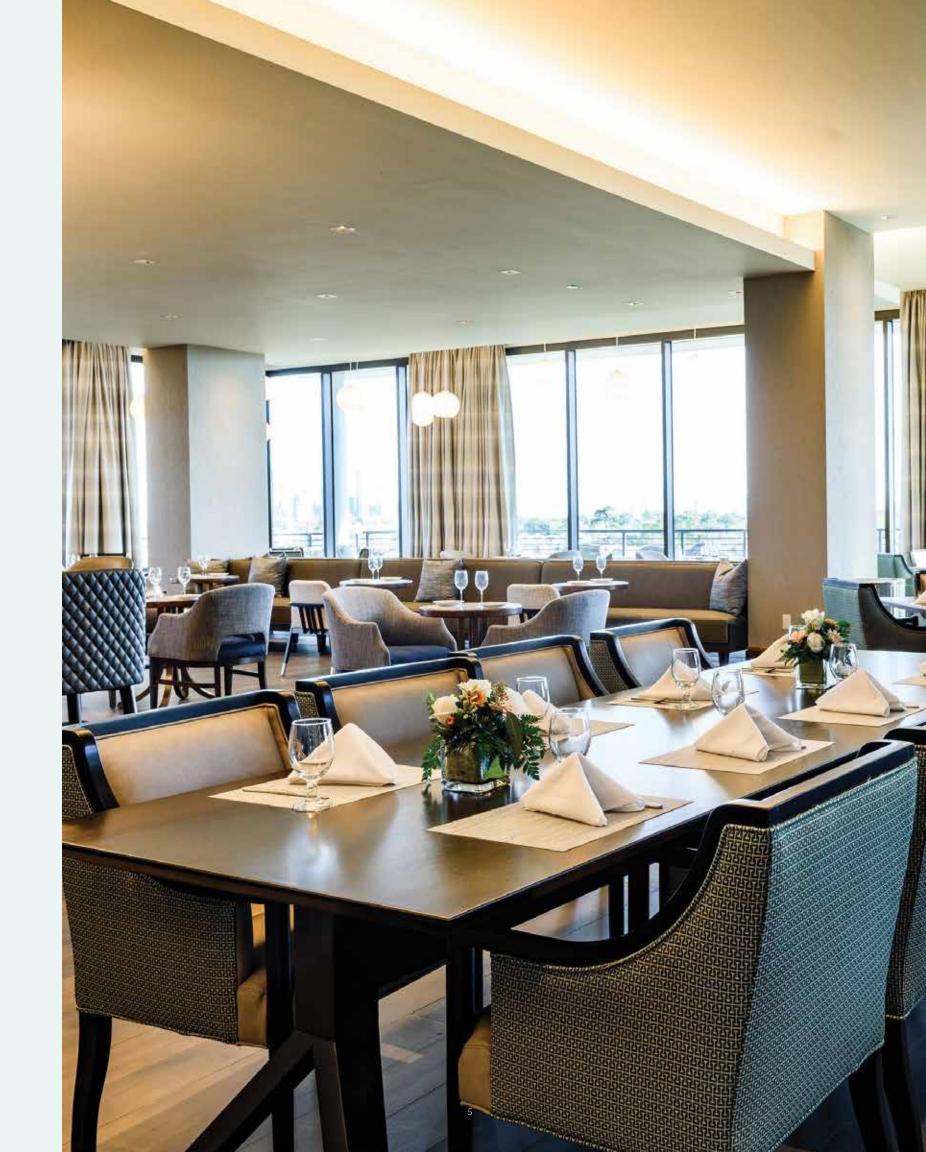
Rise above it all.

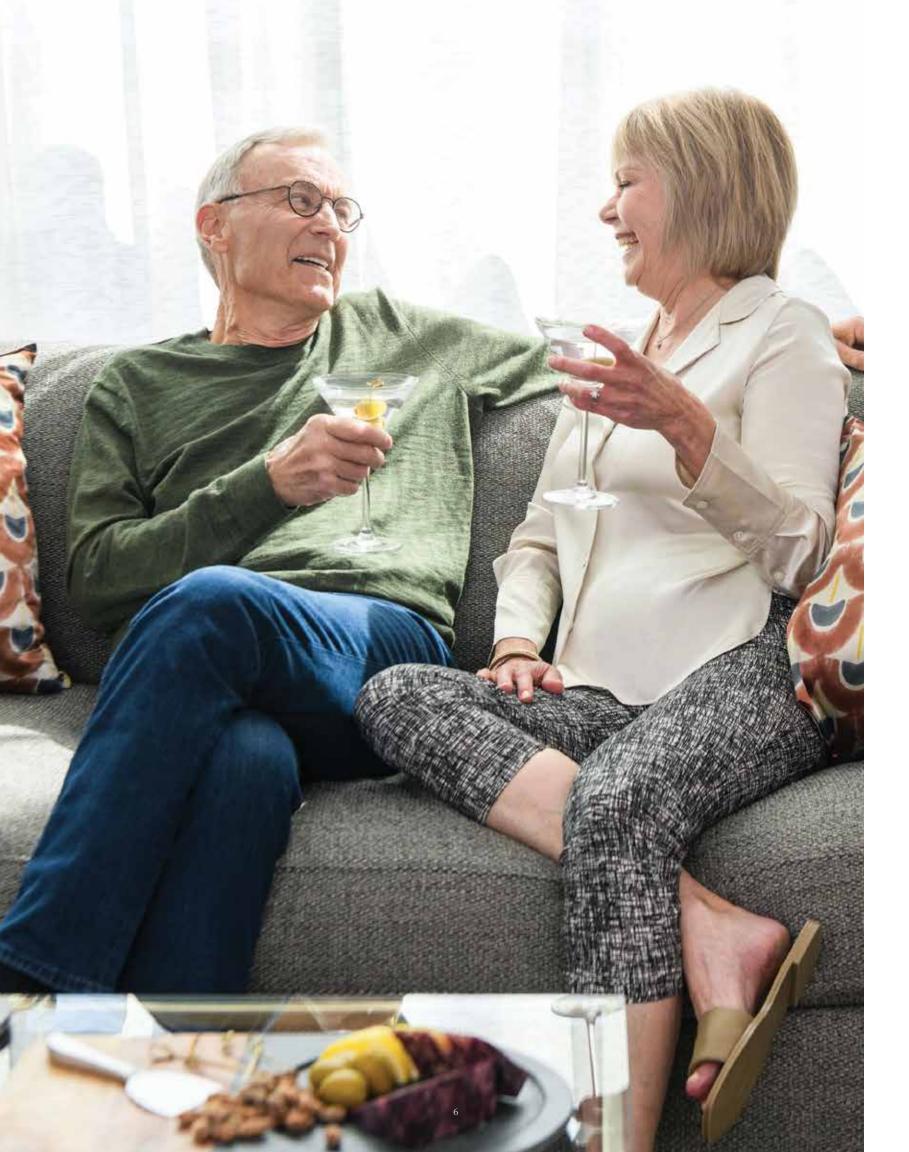


Thoughtful design that leads to discovery.

At The Watermark at Houston Heights, the days can flow in many ways—ramped up with activity, relaxed and full of quiet moments, or the perfect blend of both. Two full floors are devoted to amenities and enticing shared spaces filled with prints, photographs, sculptures, and other artworks for members to enjoy.

Perhaps the defining element of the community, however, is the expansive rooftop terrace and lounge. Shaded by a long, undulating canopy, natural light illuminating the space, it is the perfect place to sit back, savor the stunning views, and reflect on another day well spent.





Modern residences to elevate your lifestyle

Our beautifully designed Senior Living and Assisted Living residences are available in a range of sizes and configurations: studios and one- and two-bedroom residences all feature an open floor plan, full kitchens or kitchenettes, quartz countertops, and tile backsplashes. Many come with balconies. With multiple floor plans available for both individuals and couples, The Watermark at Houston Heights features all the comforts of home. Upscale accents add to the luxurious feeling, as does the convenient garage with valet parking.

Our Memory Care neighborhood—the Gardens—is a nurturing setting where members feel comfortable and secure, with a dedicated outdoor courtyard and garden that fosters a sense of community while enabling exploration and engagement. The private and semiprivate suites are designed to be both refined and familiar.



Three levels of extraordinary care.

The Watermark at Houston Heights offers 201 Senior Living and Assisted Living residences, and 21 dedicated to Memory Care. Designed with flow and movement in mind, our community includes access to a wide variety of programs and activities, a wealth of on-site amenities, and thoughtful customized care.



SENIOR LIVING

ASSISTED LIVING

Our Assisted Living residences create a nurturing atmosphere in a refined luxury setting. Offerings include access to our amenities and activities, which provide enriching experiences to keep both the mind and body active. From gourmet dining to arts and entertainment—along with a spa, fitness center, and salon—this is a place for wellness, exploration, and enjoyment, all in a vibrant community where opportunities for connection are abundant and thoughtful care is present at every step.

MEMORY CARE

The groundbreaking Prema Memory Support[™] program at The Watermark at Houston Heights offers a loving, nurturing environment designed for those in need of additional comfort and care. Led by our Nayas, caregivers who are named after the ancient Sanskrit word for "person of wisdom," Memory Care also includes dedicated dining, a serene private courtyard, integrated wellness programs, and curated activities with the unique needs of these members in mind. It's a community that provides every individual with opportunities to engage, stay active, and truly feel at home.

With gourmet restaurants, integrative wellness and fitness programs, and a full-service spa, everything members need for a fulfilling independent lifestyle is right here. In addition to the activities and amenities, and excursions to nearby attractions in the neighborhood and Houston, it's easy to make connections and pursue just about any interest. And there's even 24/7 concierge service to handle all the details.

Meals—and moments—to savor.

Fine food and drink—especially when shared with friends and family—are among life's great pleasures. And at The Watermark at Houston Heights, our innovative chefs create culinary experiences that become moments to savor. Special trips to neighborhood eateries are on the menu as well; our 24/7 concierge is happy to make reservations. Catered private dining is perfect for milestone celebrations and festive gatherings, and in-residence meals are always available, too.



THE W LOUNGE

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GALLERY CAFÉ

ΤΑΒΟΟΝ

Our signature restaurant, Taboon, seeks to embody the ideals of healthy Mediterranean cuisine with enticing food, captivating decor, and welcoming service. Named for its openhearth bread oven, Taboon focuses on Mediterranean and Middle Eastern flavors. From savory entrées to mouthwatering desserts, our chef's skills at the oven are on display every day in Taboon.

SEASONS

Our warm and comfortable full-table service restaurant offers an expansive and versatile menu that showcases our chef's fresh, delectable creations. Breakfast, lunch, and dinner are served daily.



The place to gather with friends over a draft beer, glass of wine, or a cocktail, perfectly paired with soups and salads, burgers, sandwiches, and other classic comfort foods.

The ideal go-to for a great cup of coffee or tea, pastries, fruit, and more. This is a place for socializing—in a relaxed atmosphere for breakfast or lunch over hot cereals, soups, salads, sandwiches, and more.



A world of wellness.

From the resort-style pool to our modern fitness center and signature services at Indulge Salon and Spa, members here have abundant opportunities to look and feel their best. And with educational activities meant to stimulate the mind, our unique model of integrated wellness allows each individual to enjoy their own customized approach to health and well-being.

Regardless of fitness level, there's something for everyone at our fitness center, including state-of-the-art cardio machines and weight training for focused workouts-or pursuing specific goals, such as increasing range of motion or regaining strength. Expert personal trainers are on hand for those who prefer one-on-one instruction, and a variety of classes including yoga and Pilates are available as well.

OUTDOOR POOL Our resort-style pool is a tranquil oasis offering respite from the Texas heat. With a nearby therapy garden and fireplace, it's the perfect relaxation spot for all seasons.

ADDITIONAL WELLNESS AMENITIES

Our wellness center offers health-related classes and workshops, as well as special mindfulness offerings such as guided meditation. With a screening room, art studio, technology center, and more, members have countless ways to explore their interests and expand their creative boundaries.

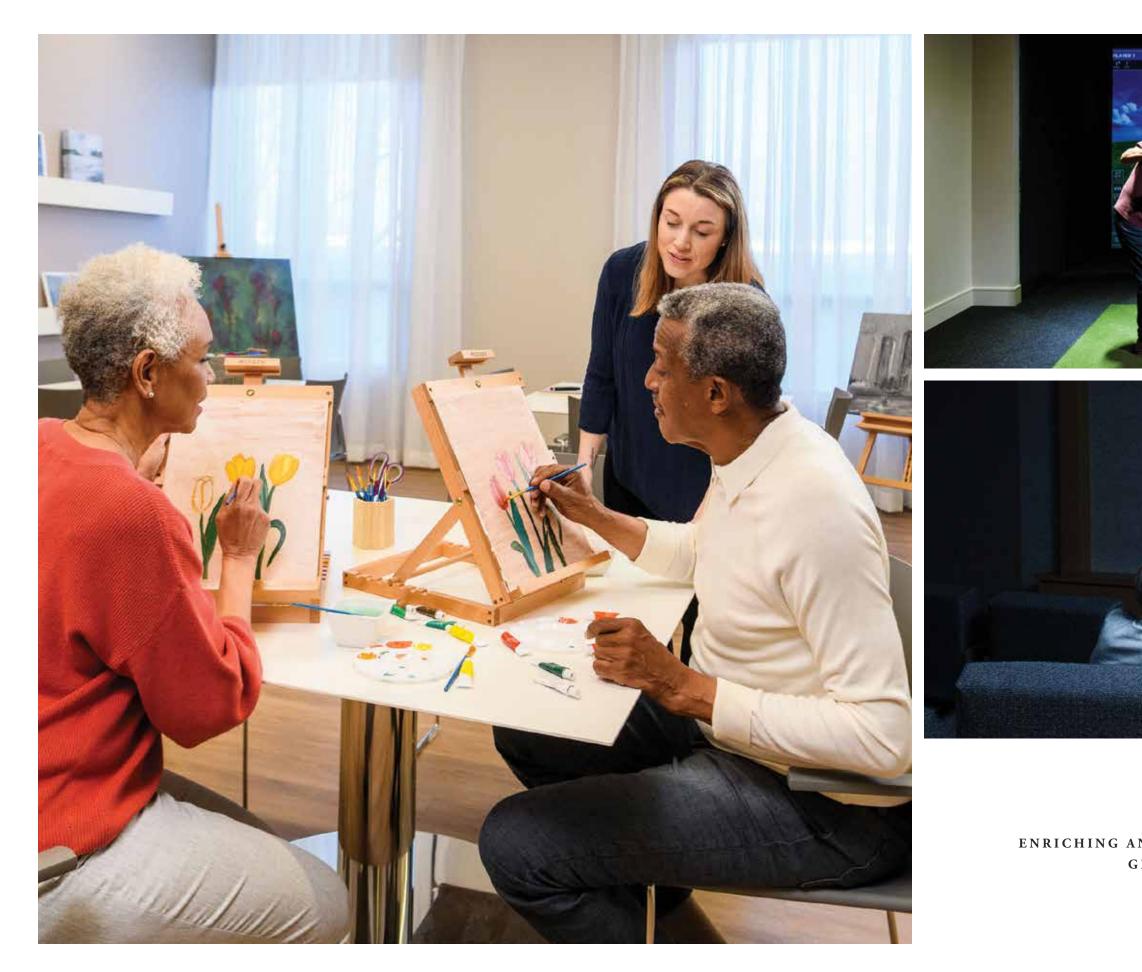
360WELL*

VITALITY FITNESS CENTER

INDULGE SALON AND SPA

It's easy for members to reward themselves with a bit of pampering at our on-site salon and spa, which offers cuts, colors, and styles along with signature massages and body treatments. "All of the above" is always an option, perhaps with a manicure or pedicure. Because part of feeling great is looking great.

Fueling the body, engaging the mind, nurturing the spirit, and making new connections: Whole-person wellness is so much more than your physical and mental health. The culmination of more than three decades of dedication to innovation in senior living, 360Well embodies our passion for helping you lead a fulfilling life on your own terms. Through a holistic approach rooted in the four key "circles" of wellness-mind, body, spirit, and community-360Well brings it all together for you. And when everything comes full circle, the result is a happier, healthier, and more fulfilling life.







ENRICHING AND ENGAGING ACTIVITIES ENCOURAGE GROWTH AND CONNECTION

Always more to explore.

Enrichment and enjoyment await every day at The Watermark at Houston Heights, with a dynamic calendar of creative and inspiring programs intended to surprise and delight.

Our activities and amenities are as varied as the people who enjoy them. That means each individual's experience can be tailored to their needs and desires—creating a rewarding, fulfilling lifestyle whether they seek luxury, leisure, or both. And with 24-hour concierge service, everything we have to offer is incredibly easy to access.

WATERMARK UNIVERSITY

This award-winning collection features dozens of enriching activities and programs on topics ranging from art workshops and history lessons to culinary courses, mindful meditation, and more. Watermark University allows members to seek out new hobbies and develop new passions.

LOCAL ATTRACTIONS

Houston Heights is home to excellent restaurants, a vibrant arts scene, and excellent shopping. Our 24/7 concierge will help arrange outings and excursions—so members can focus on the fun.

EngageVR[®]

This virtual reality program immerses members in exciting digital experiences from exploring the wreck of the Titanic to watching the Apollo 11 moon landing—helping keep their minds active and engaged.

ADDITIONAL AMENITIES AND SERVICES

Our full suite of amenities and services also includes the following:

- Full-service salon and spa
- Fitness center
- Movement studio
- Award-winning Watermark Un
- Four signature restaurants
- Outdoor pool
- PAR golf simulator
- EngageVR[®] virtual reality loung
- Housekeeping
- In-residence dining
- Catering
- Local restaurant delivery
- Dedicated 24/7 concierge
- Extensive programming calend
- Transportation services

	•	360Well®
	•	BrainCafé™
niversity	•	Integrative wellness therapies
	•	Flexible spending plans
	•	Health and well-being education program
	•	Computer and tech center
	•	Library
ıge	•	Movie theater
	•	Art studio and gallery
	٠	PalCare Notify wearable technology emergency response system
	٠	Complete apartment, building, and grounds maintenance services
dar	٠	"Best Move of Your Life" move-in coordination service
	•	Pet-friendly environment

A more thoughtful approach to caregiving.

Similar to our activities and amenities, care at The Watermark at Houston Heights transcends expectations as well—our caregivers are loving, empathic, and focused on helping each resident lead a fulfilling life. It's no wonder they often come to be considered a second family by members and their loved ones.

Inspiring joy and purpose in members is a key part of our care as well, because life here is about more than having an inviting and comfortable place to live—it's about enjoying the things that make life worth living.

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To schedule a private consultation, please contact us at 346-341-0002.



RESIDENCES

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