

Genetics and Alzheimer's Disease

Does Alzheimer's run in the family? According to the Alzheimer's Association, two categories of genes can influence whether a person develops the disease: risk genes and deterministic genes. Researchers have identified hereditary Alzheimer's genes in both categories, and genetic tests are available to determine if you may have them.

Consult with a medical professional, or visit the Alzheimer's Association (alz.org) to learn more.

Thrive Memory Care

When it's time to seek specialized support, our Memory Care program incorporates each individual into the rhythms of daily living, creating mindful moments of engagement, growth, and discovery that inspire connection and wellbeing. Specially trained and certified caregivers known as *Nayas* create deep connections with each resident, and provide customized care and support in a nurturing and supportive environment.

> Contact us today to learn more and schedule a private tour. You're not alone – we are here to help.

