

Engagement Matters: 3 Reasons Why



When a loved one is living with Alzheimer's disease or dementia, social engagement is vital. Here are three reasons why:

1. Individuals with dementia may experience high stress and agitation. Going outdoors can allow for mood enhancement, lowered stress levels, and a lifted spirit.
2. Being in familiar places outside of the home can offer a sense of comfort, inspiring feelings of nostalgia, engaging the senses, and boosting well-being.
3. Going out into society decreases feelings of isolation often experienced by people living with memory loss.

An Empathy-Based Approach to Memory Care

Our supportive and welcoming Thrive Memory Care program specializes in caring for individuals living with Alzheimer's disease and dementia. Certified through the National Council of Certified Dementia Practitioners, specially trained universal caregivers known as *Nayas* incorporate each resident into the rhythms of daily living, cultivating a sense of community, connection, well-being, and peace of mind for the entire family.

Contact us today to learn more and schedule a private tour.
You're not alone – we are here to help.

